

FOREXSTRATEGYSECRETS.COM

ZONE TRADING

Group Coaching Session

Why

1. To be able to effectively trade in the direction of the **major trends**.
2. To be in tune with the market (Want what the market wants).
3. **Know when to stay out of the market on lower time frames. Or on smaller time frames expect fewer pips (manage trades accordingly).**
4. Take emotion and second guessing out of your trading
5. Helps you to become more a disciplined trader
6. Be more mechanical

Identifying the ZONES

1. Basic indication: When the Hieken Ashi and the AO change to a fresh color at the same time.

Identifying the ZONES

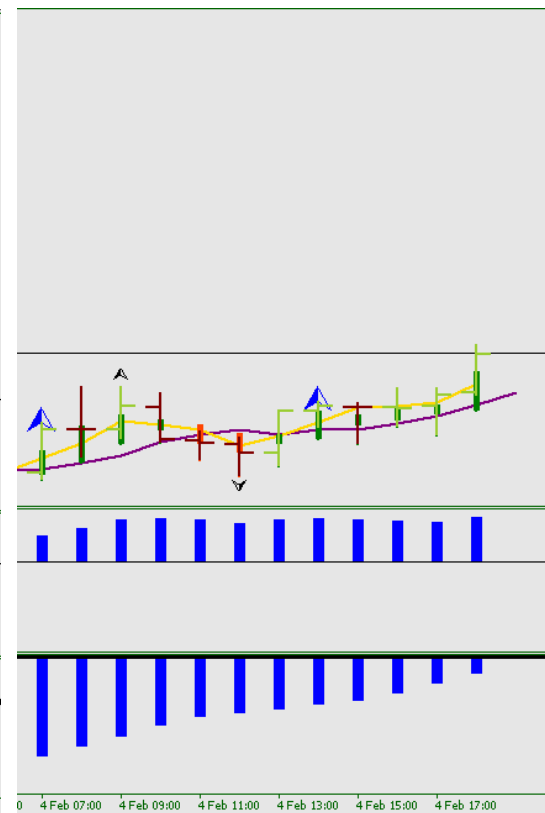
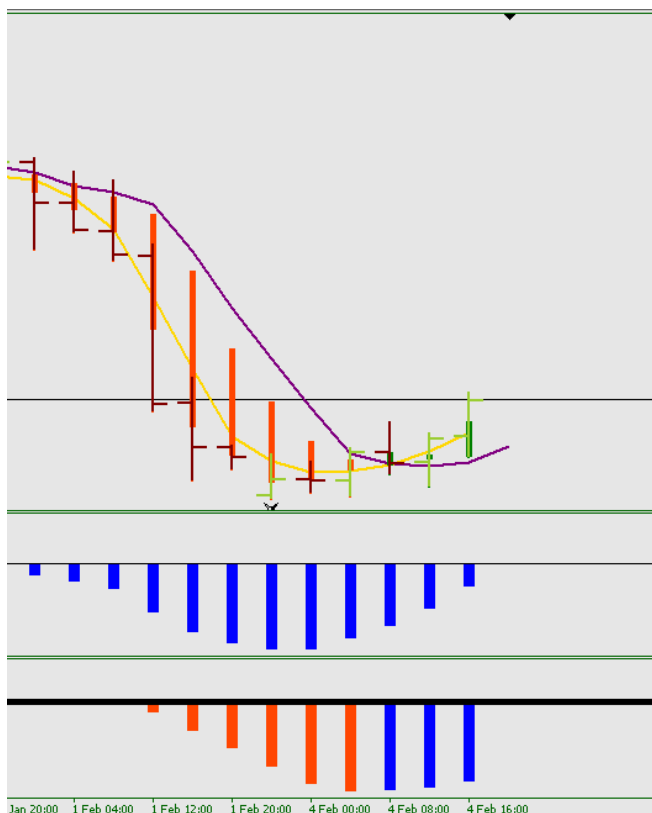
Strong Zone

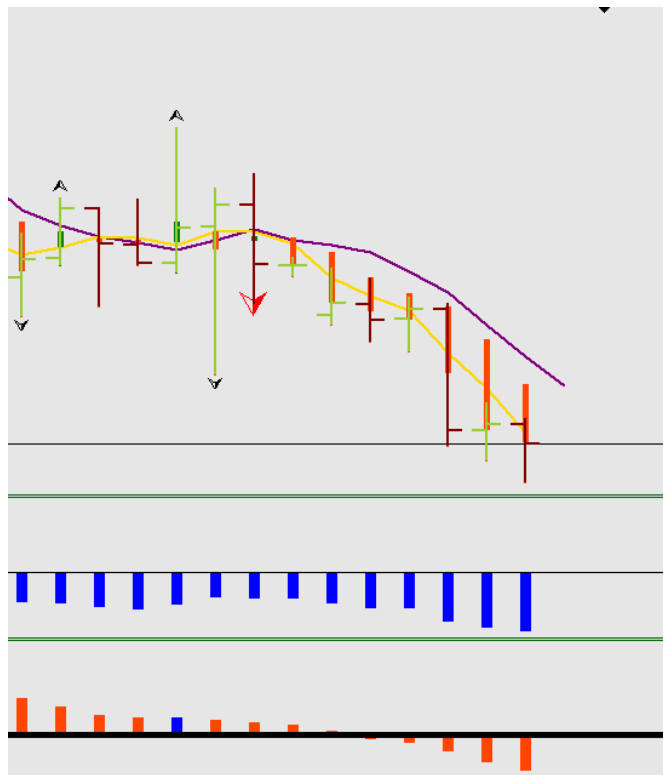
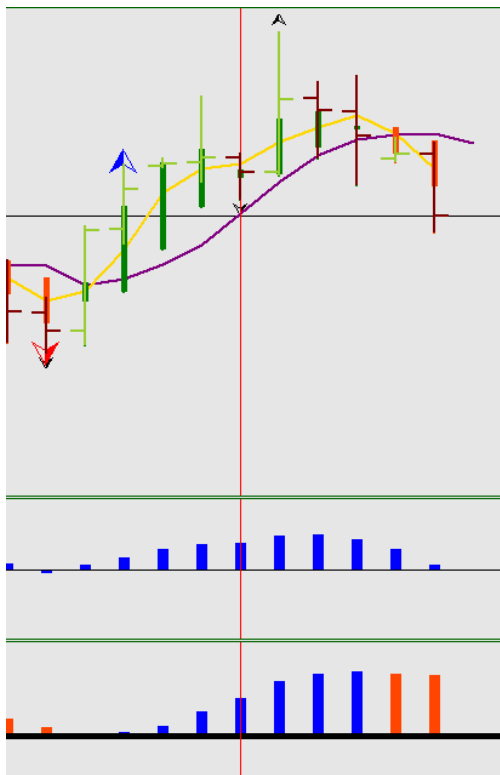
- When you have the same color and they are on correct side of the zero line of the AO. i.e. blue, blue above zero line red, red below zero line.
- Expect more pips

Identifying the ZONES

Weak Zone

- When you have the same color and they are not on the correct side of the zero line of the AO. i.e. blue, blue below zero line red, red above zero line.
- Expect fewer pips

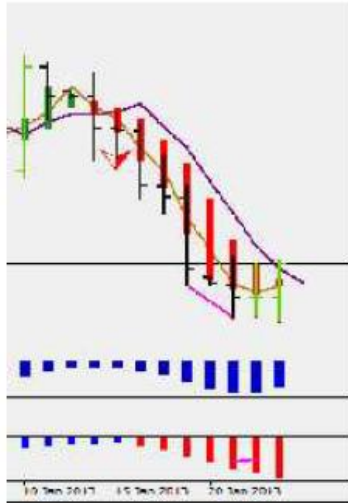




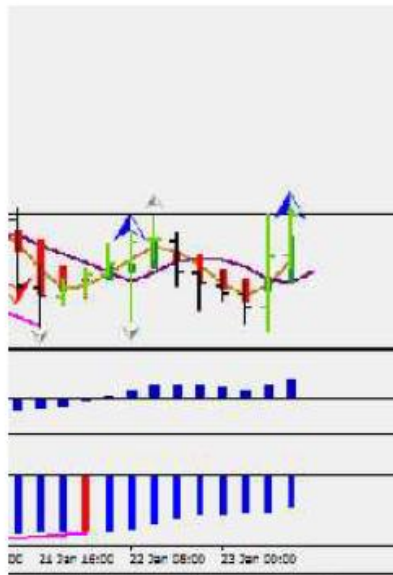


GbpUsd

Day



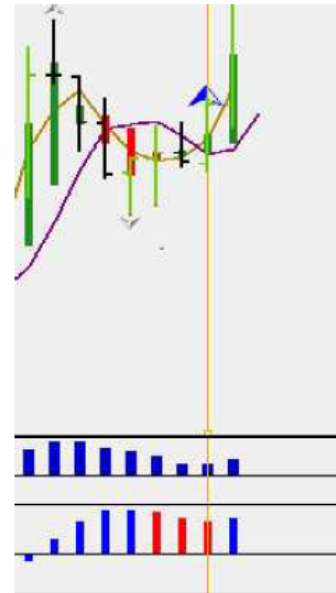
4H 5A



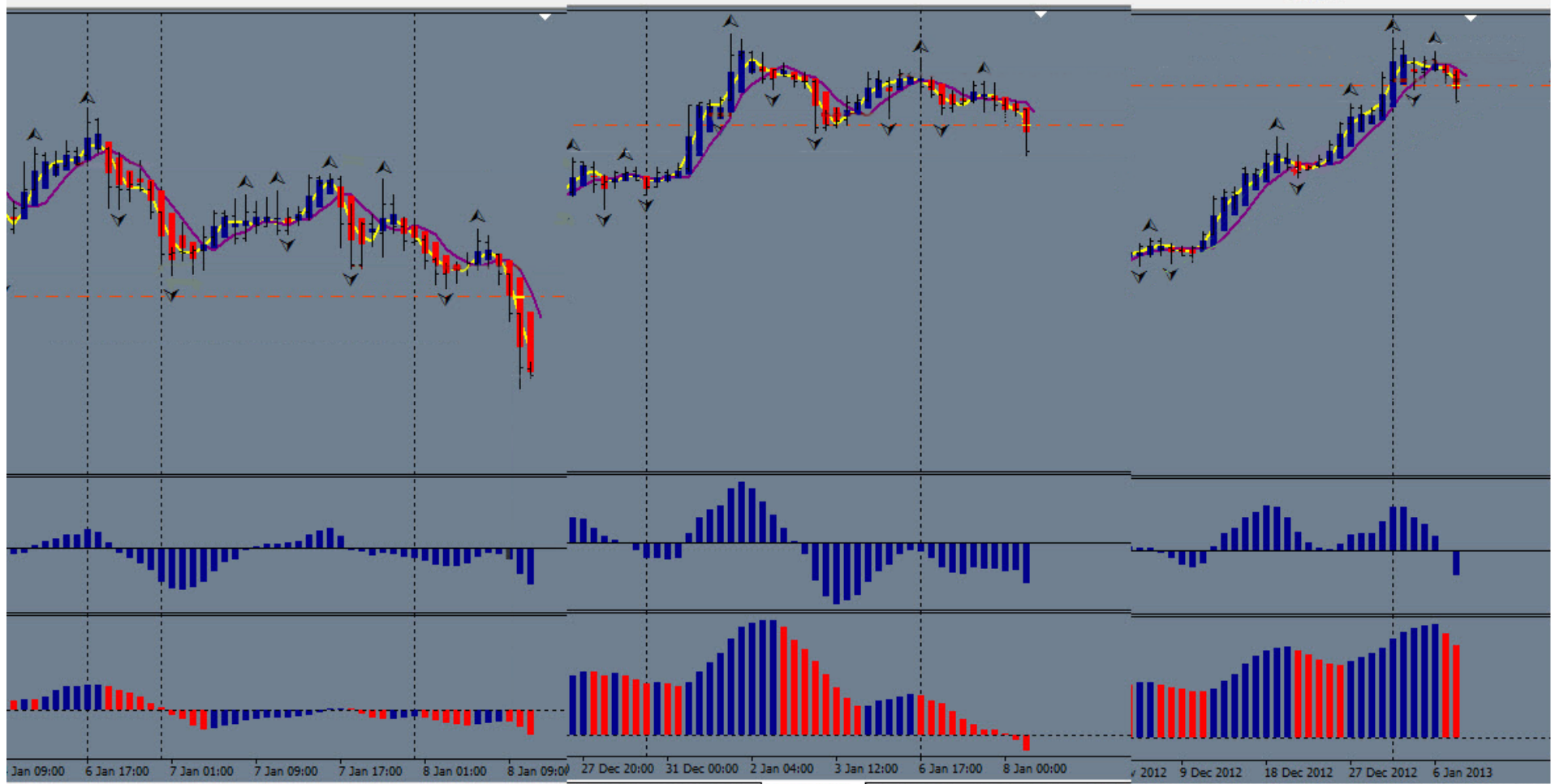
1 hr



30 min

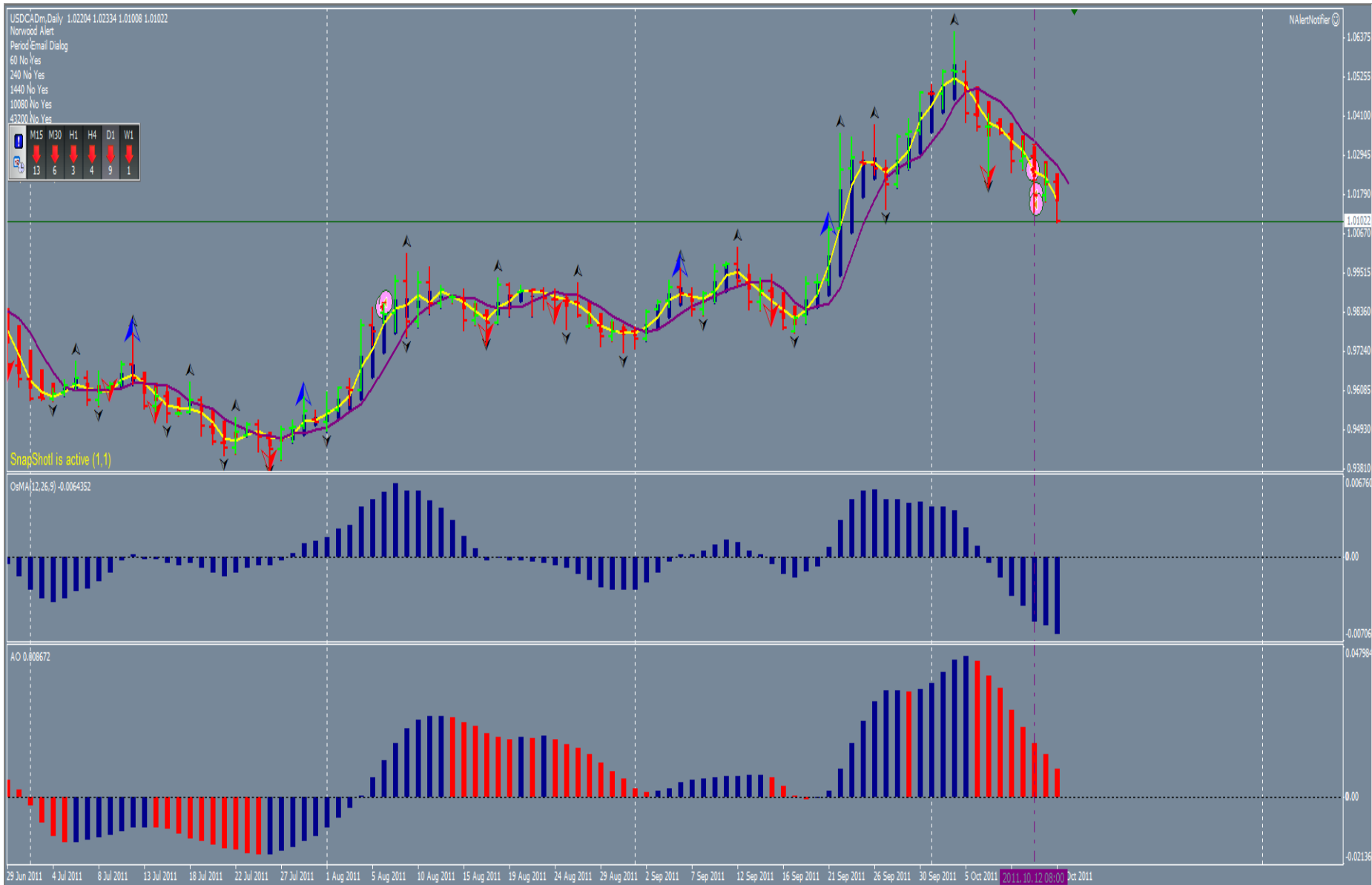






Timing

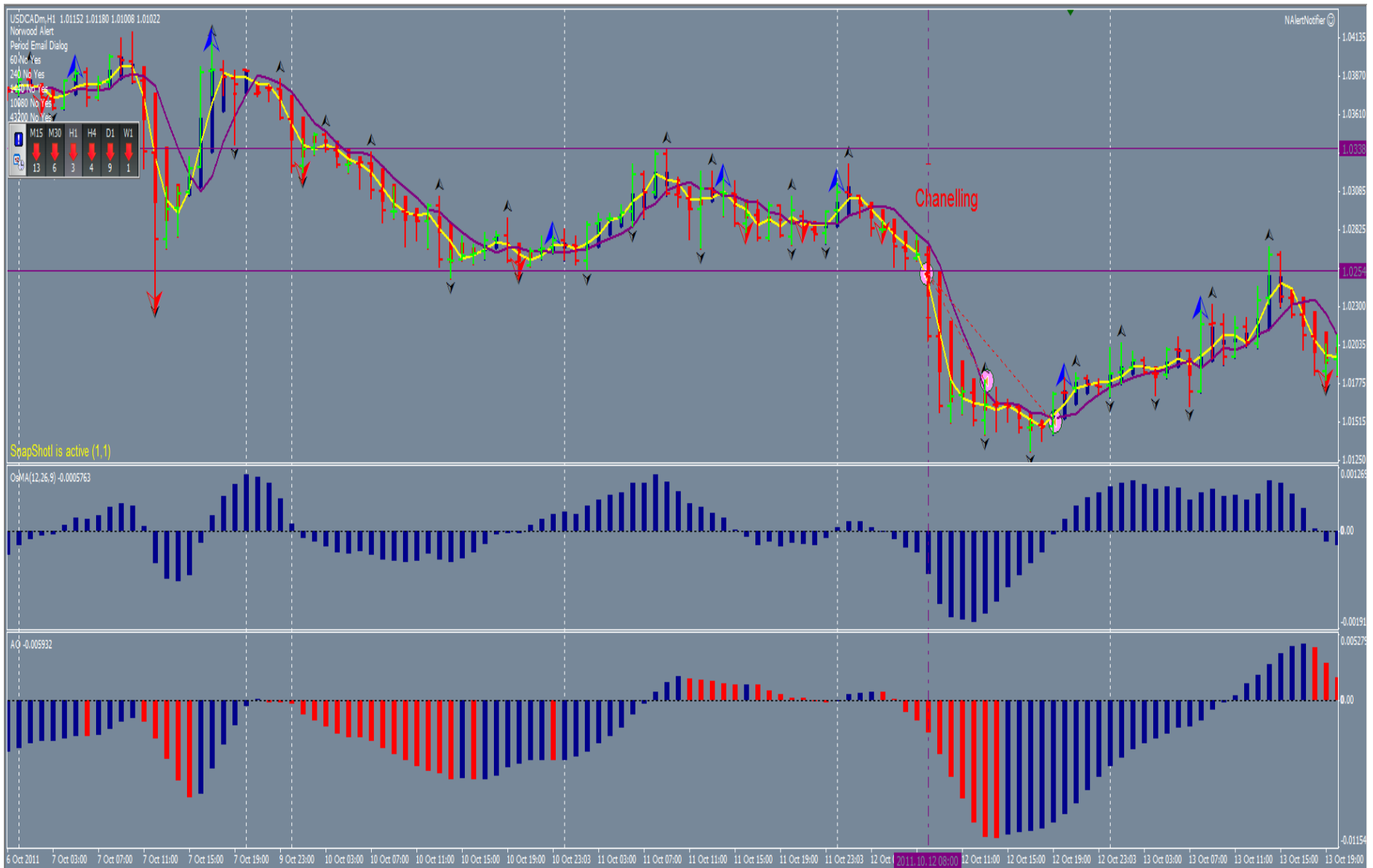
Use of Multiple Time Frames



USDCAD entry – DAILY gave an Early Bird / MAO started showing Offpoints
Looking for a leg 2 to form off the DAILY. Momentum is Down

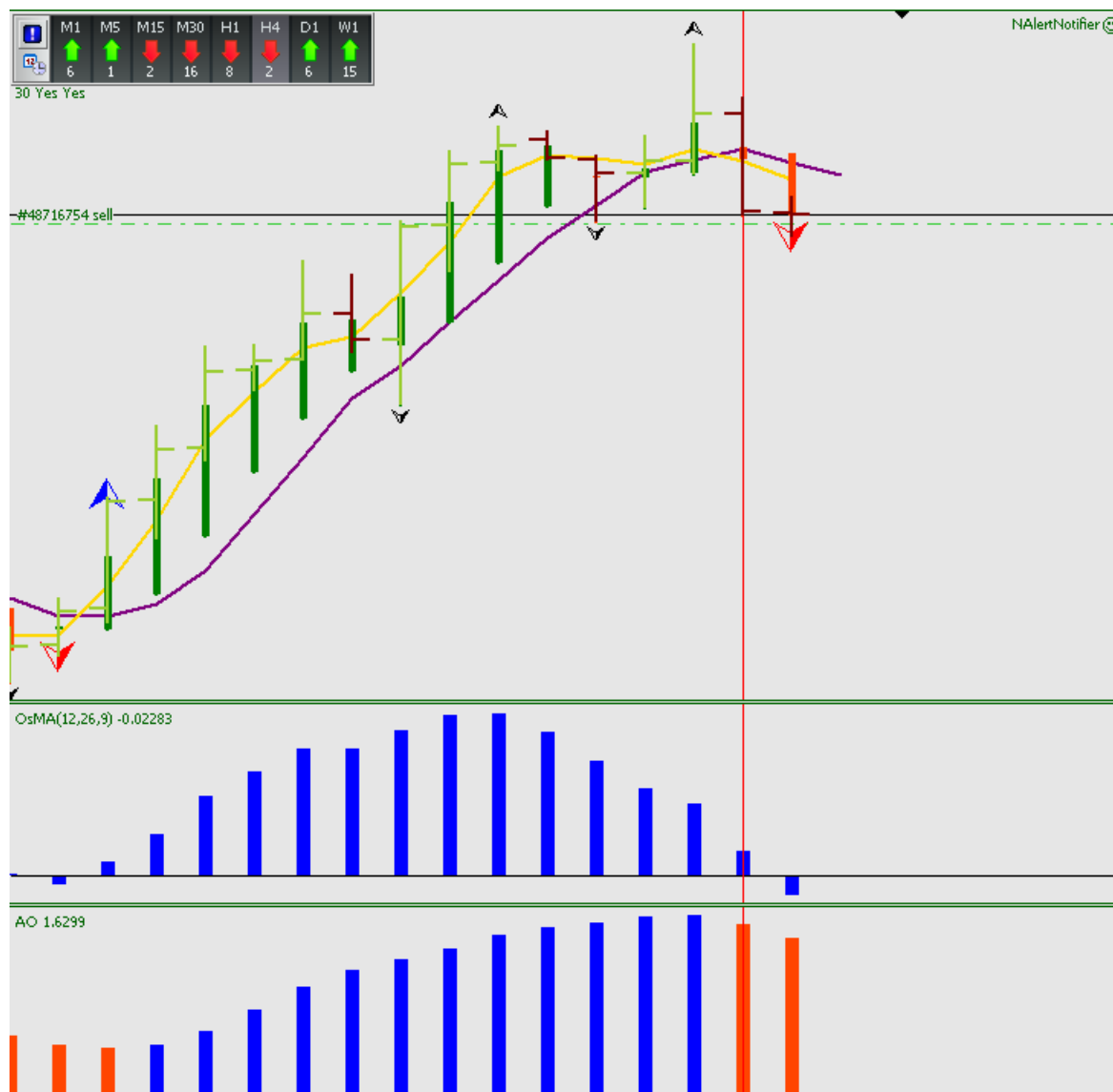


USDCAD – 4hr gave a fresh Saddle Sell / 5 Alarm but was ranging.
 Waiting for a break of support
 SL based off the last fractal on the 4hr Chart

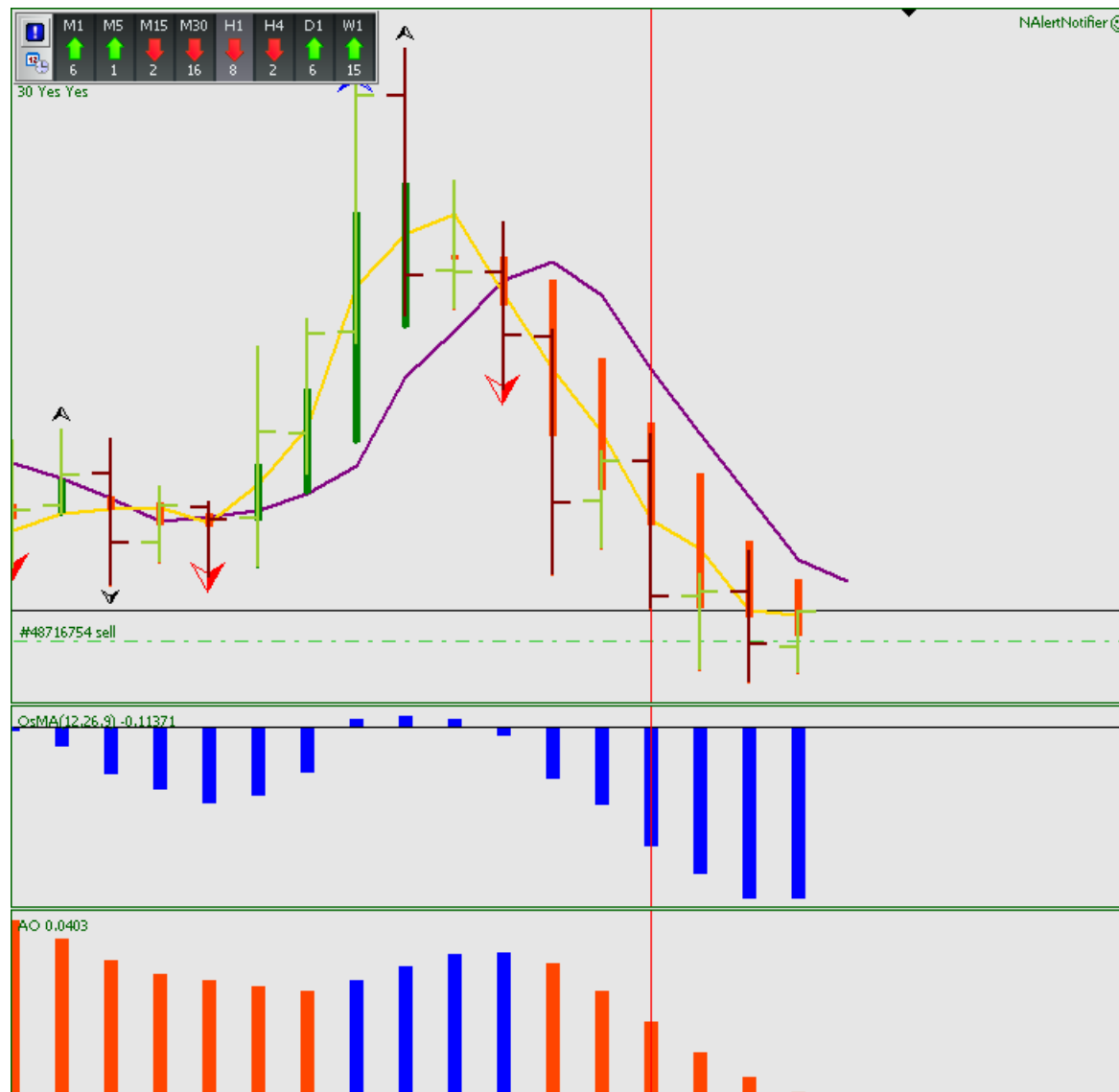


USDCAD – 1hr looking for a leg 2 off the 1hr
Broke the channel and a 5 Alarm Trade

Example:1 CADJPY

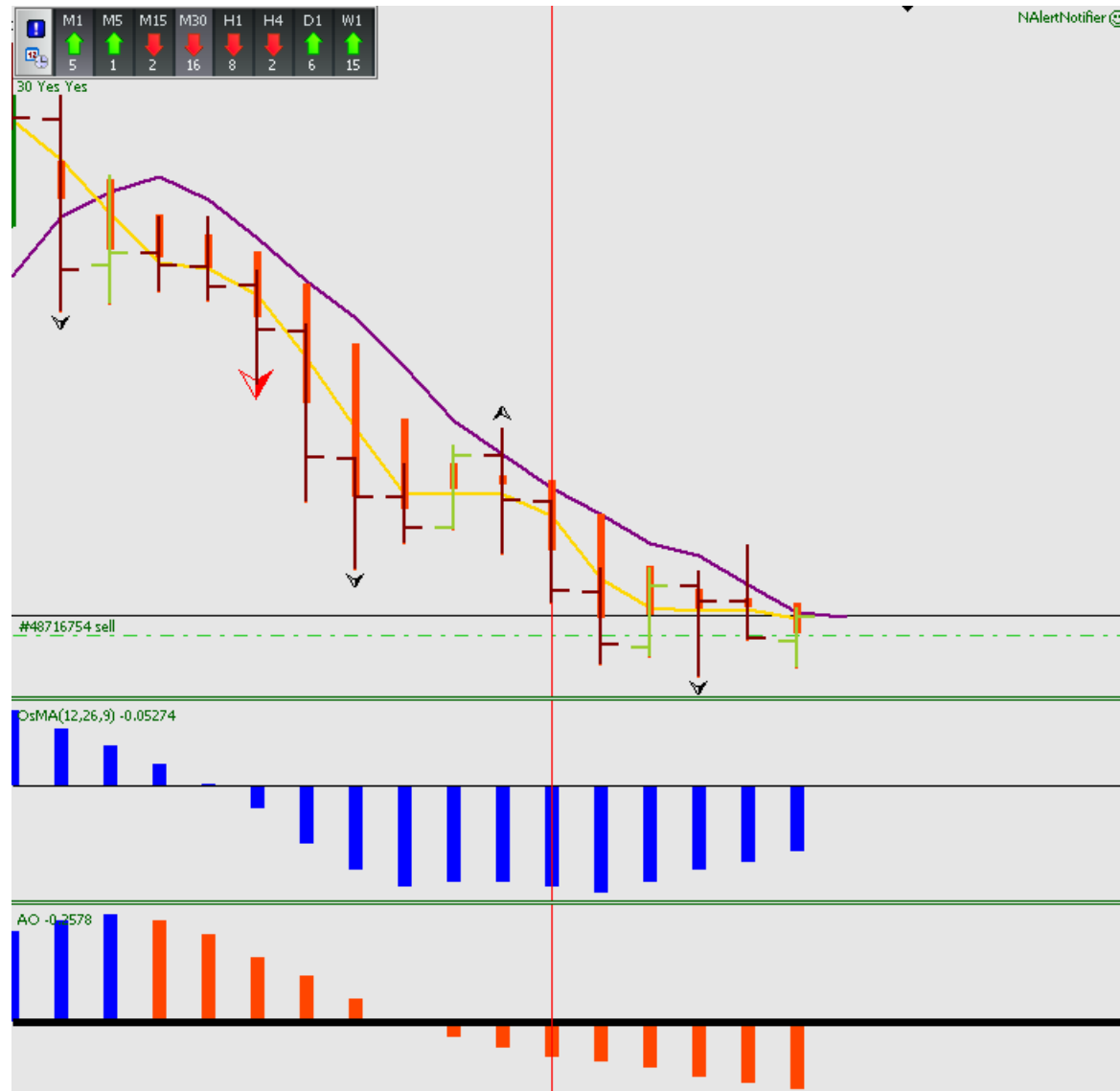


Example:1 CADJPY



Example:1

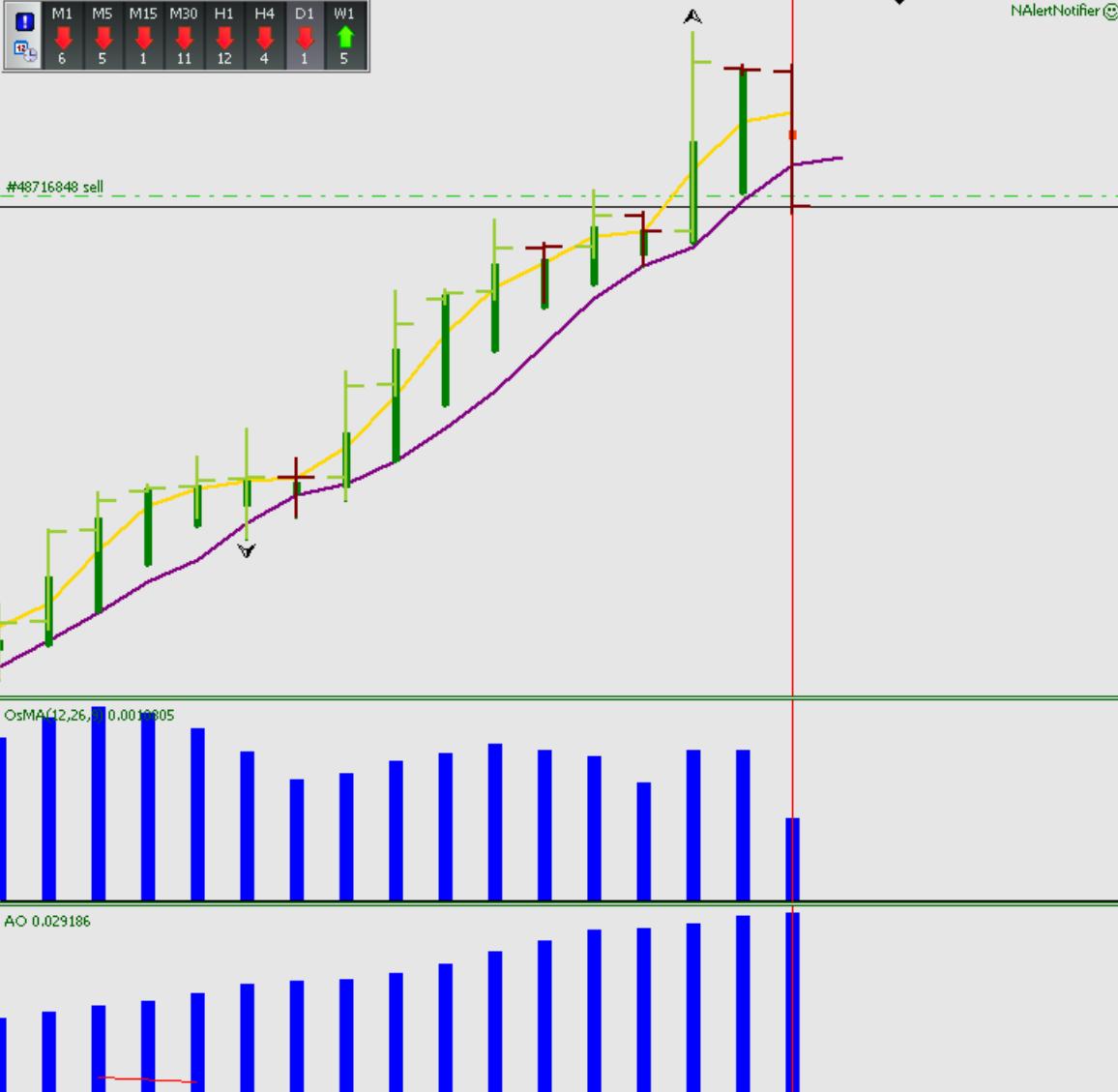
CADJPY



Example:1
CADJPY

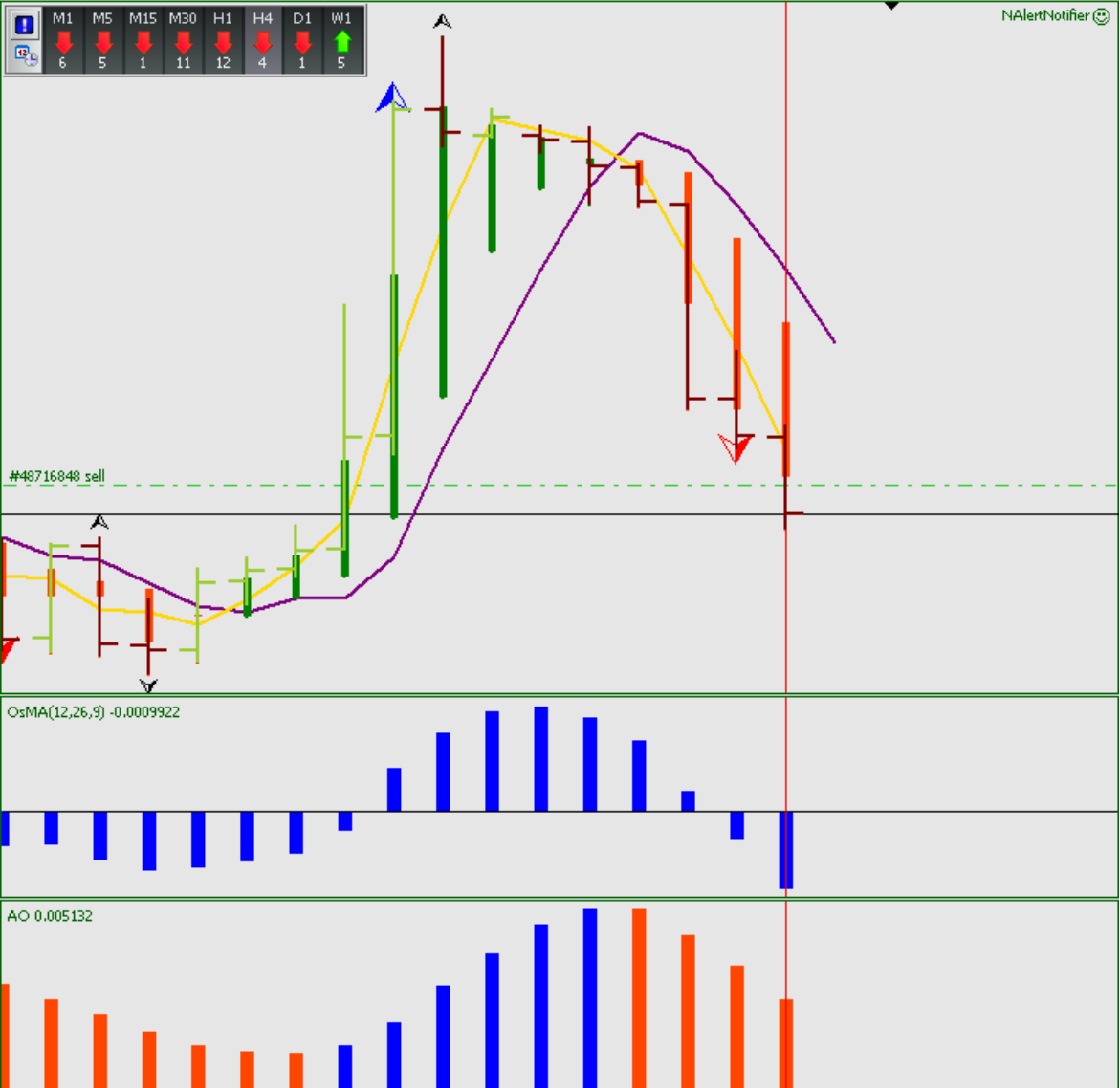
17 pips profit



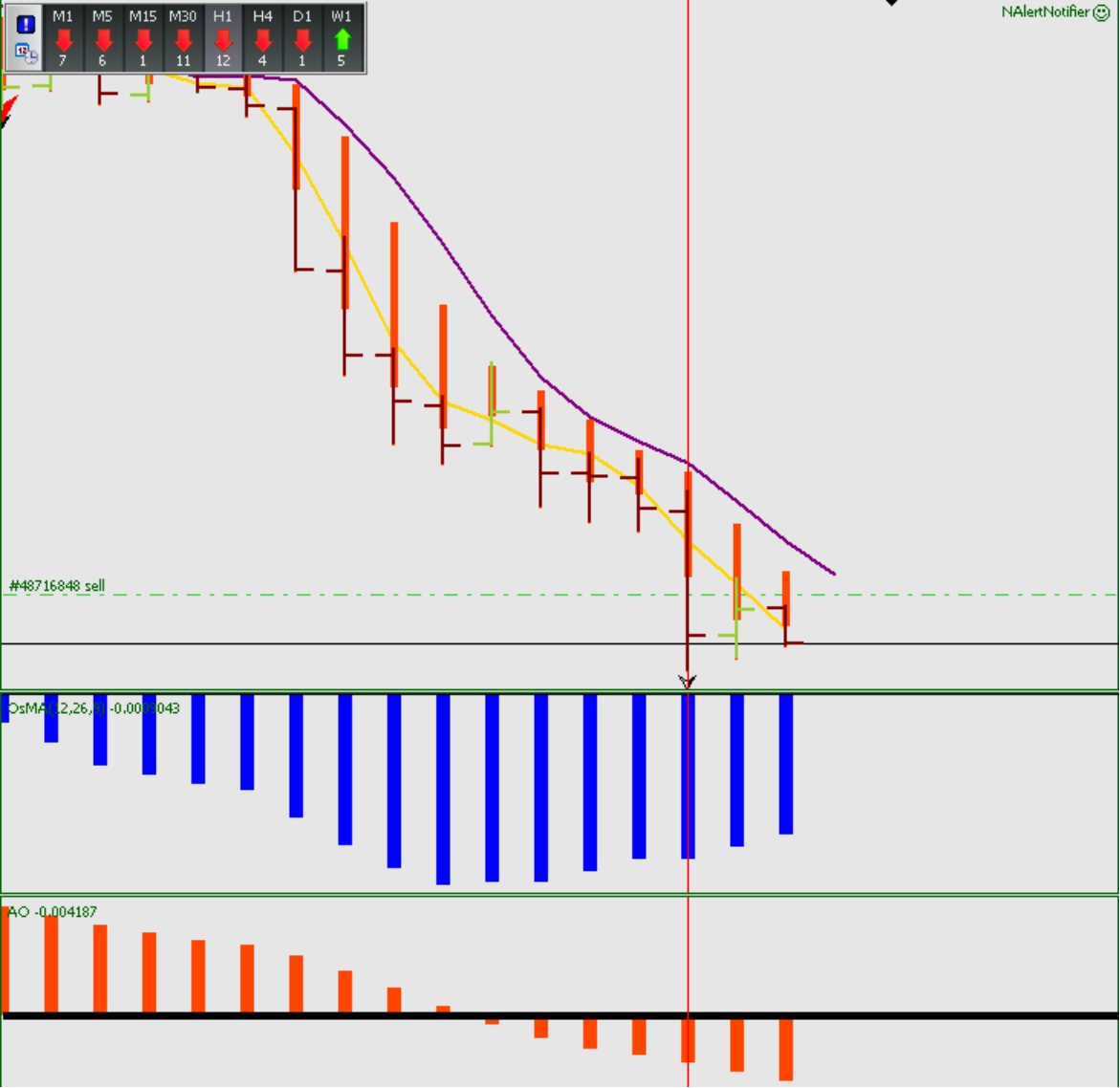


Example:2
EURGBP

Example:2
EURGBP

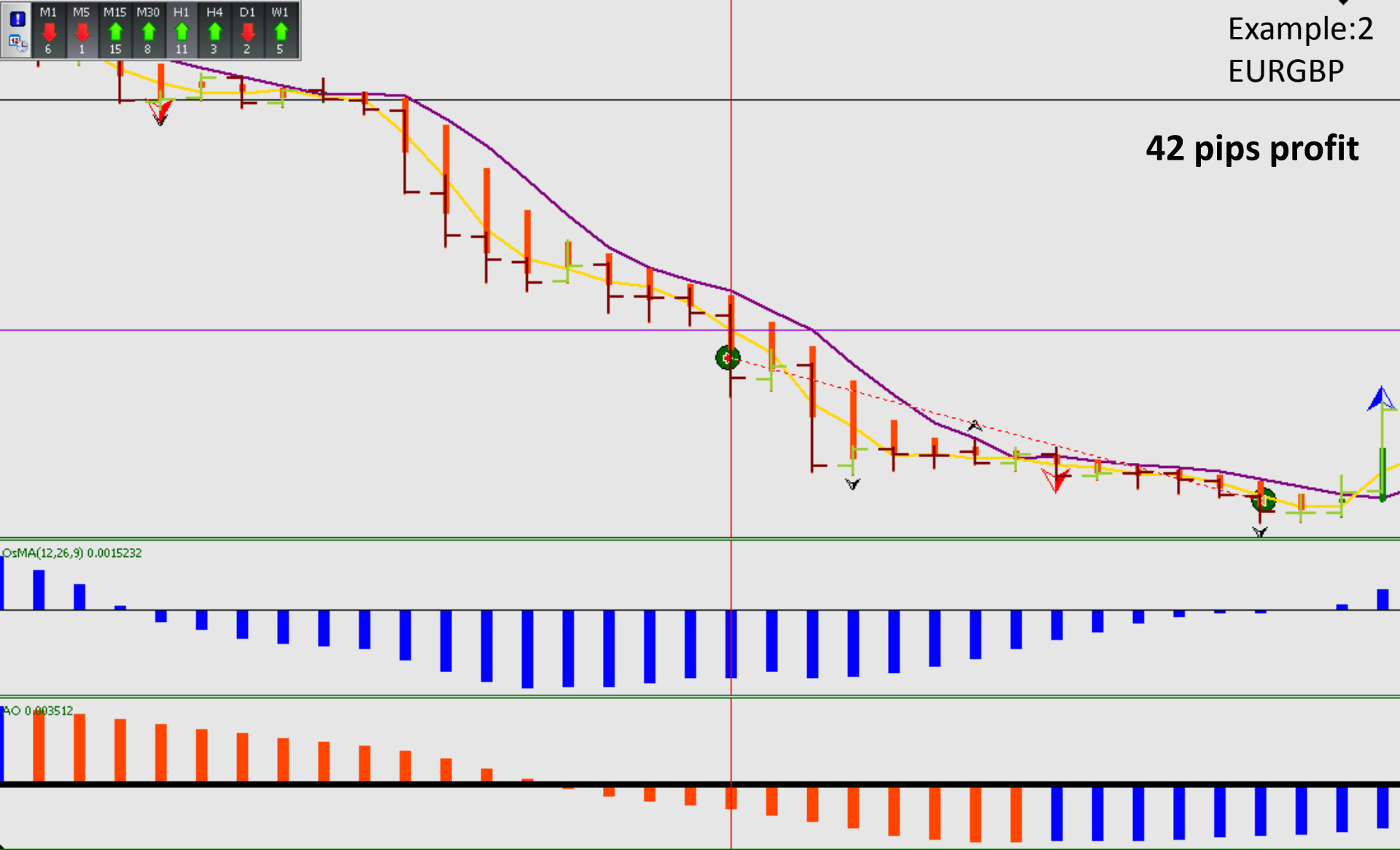


Example:2
EURGBP

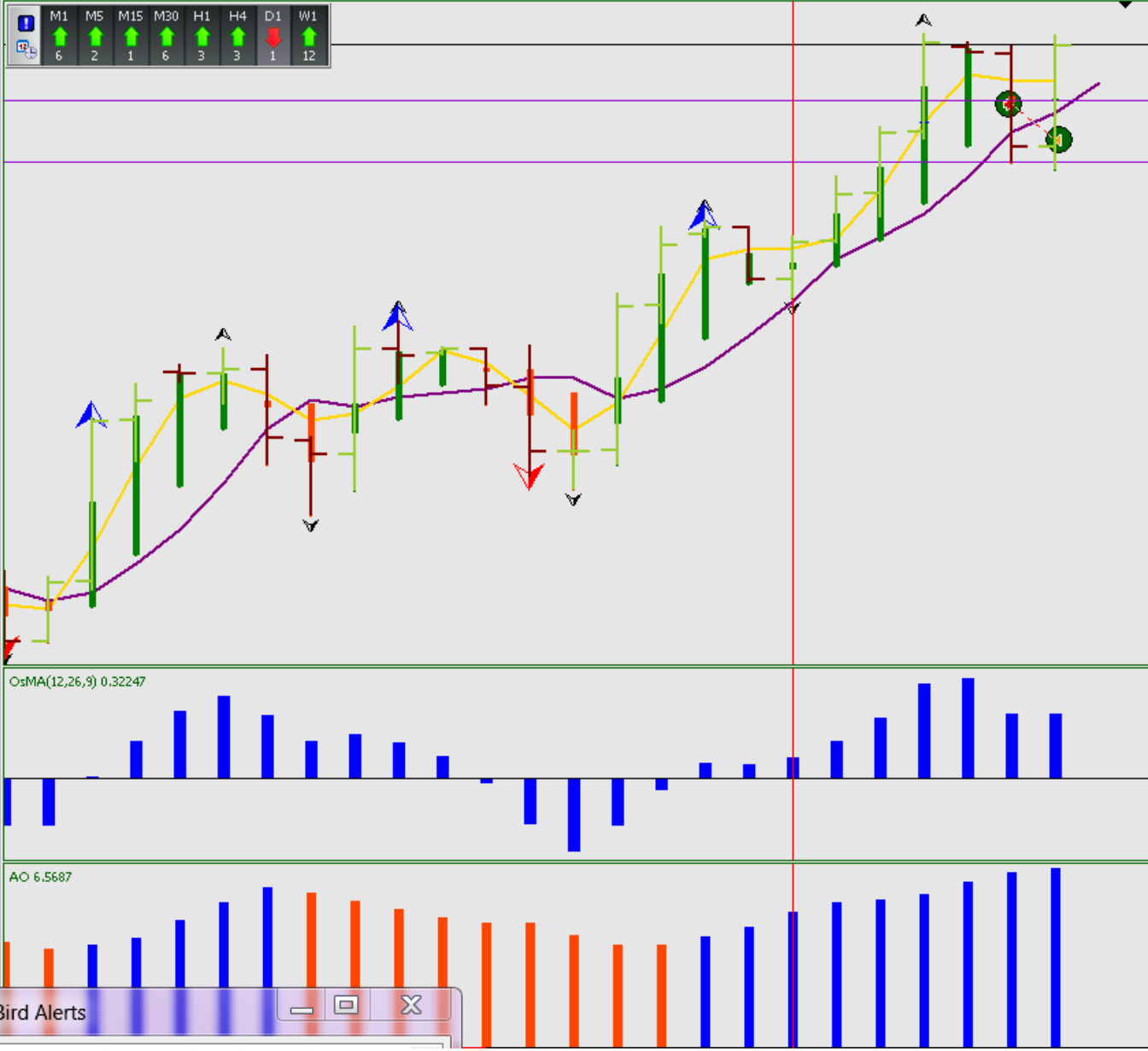


Example:2
EURGBP

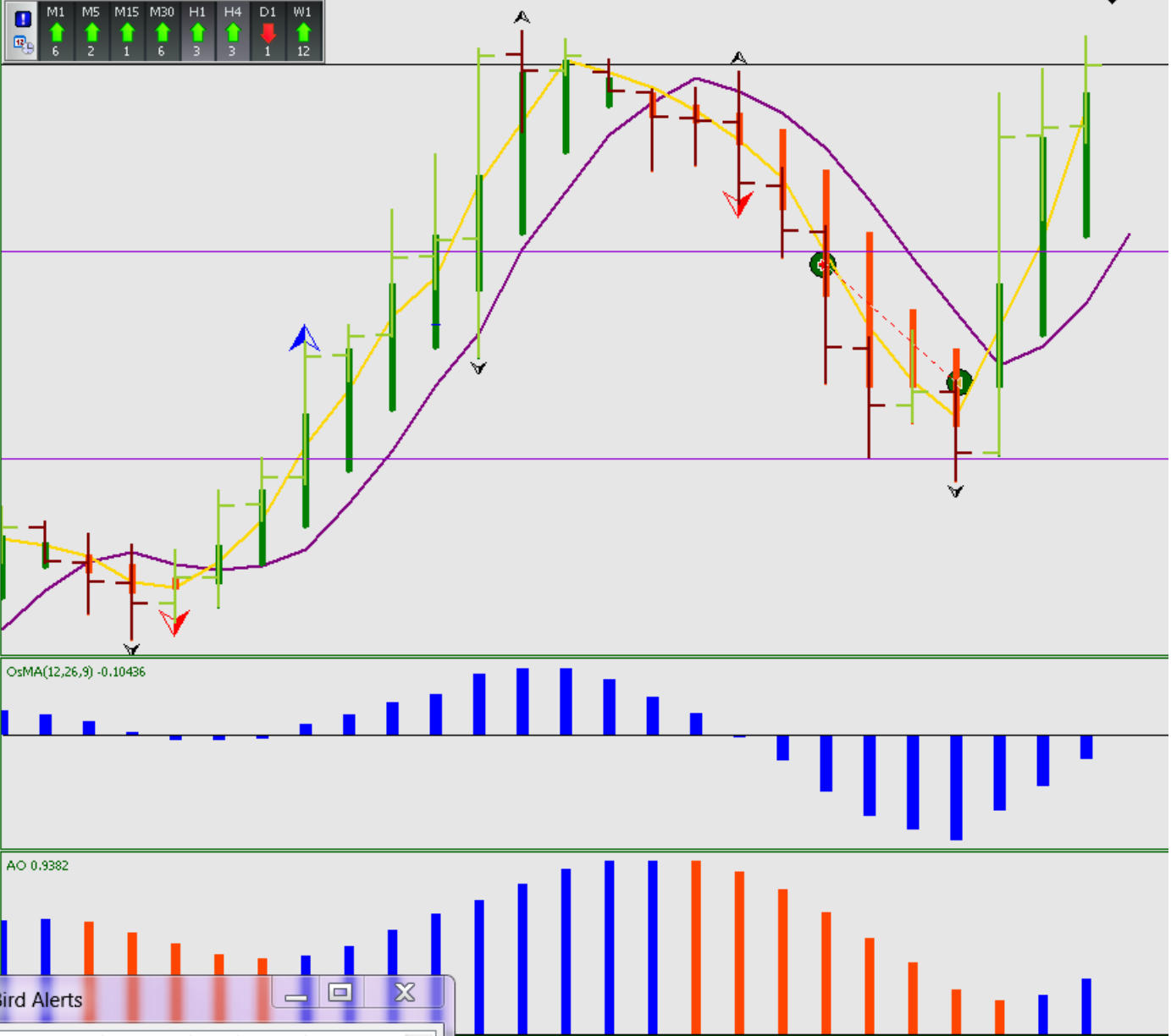
42 pips profit



Example:3
EURJPY

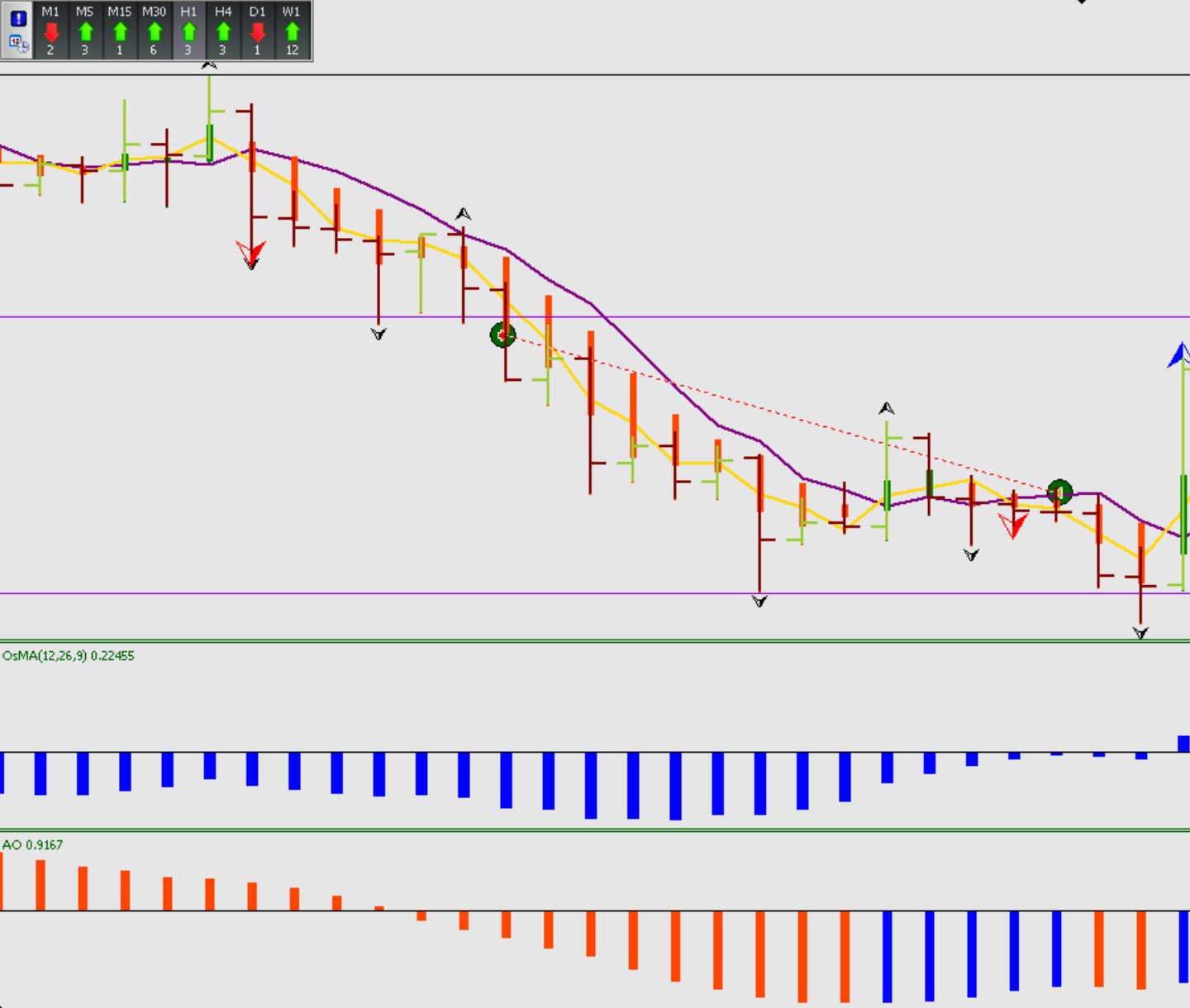


Example:3
EURJPY

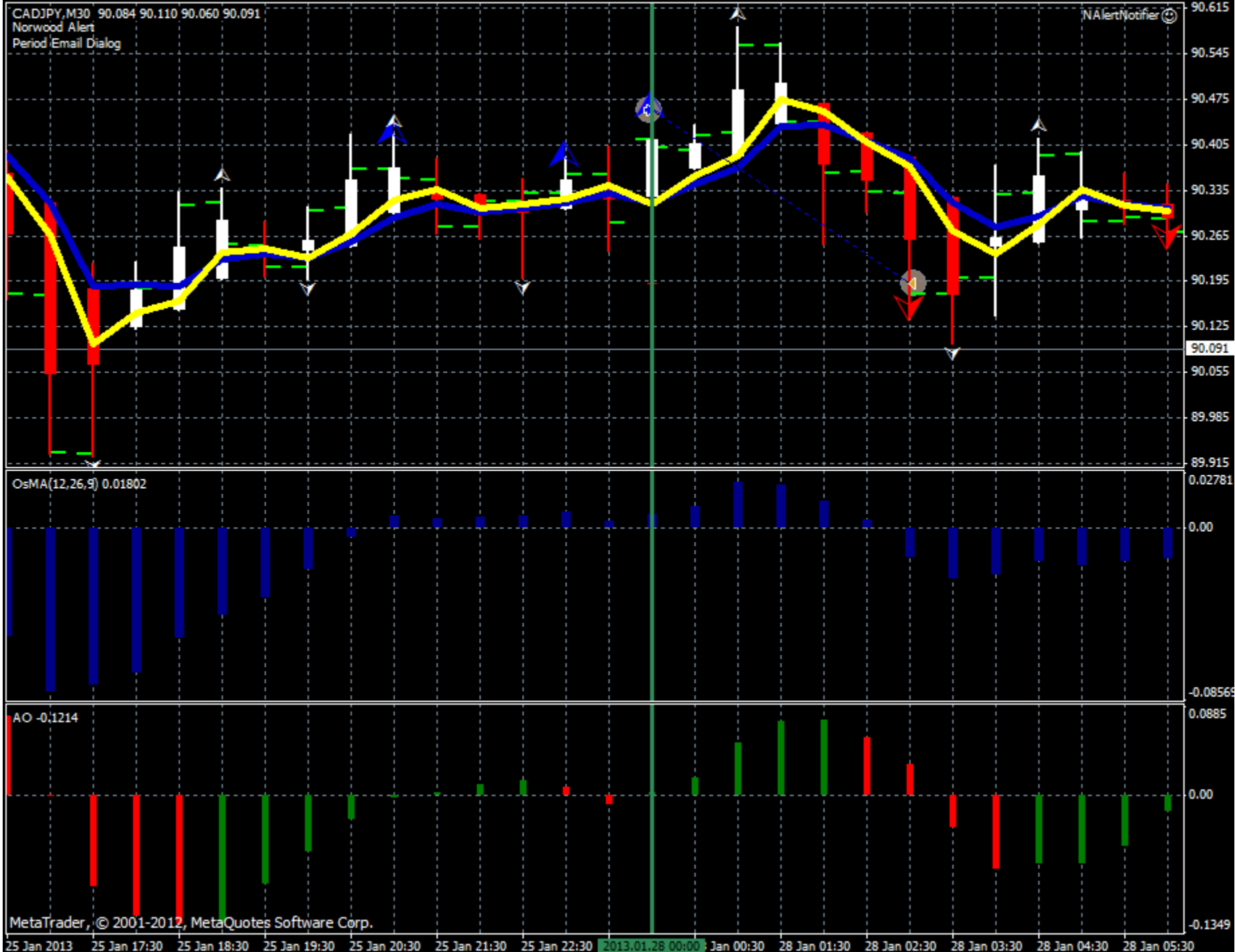


Example:3
EURJPY

**78 pips
profit**

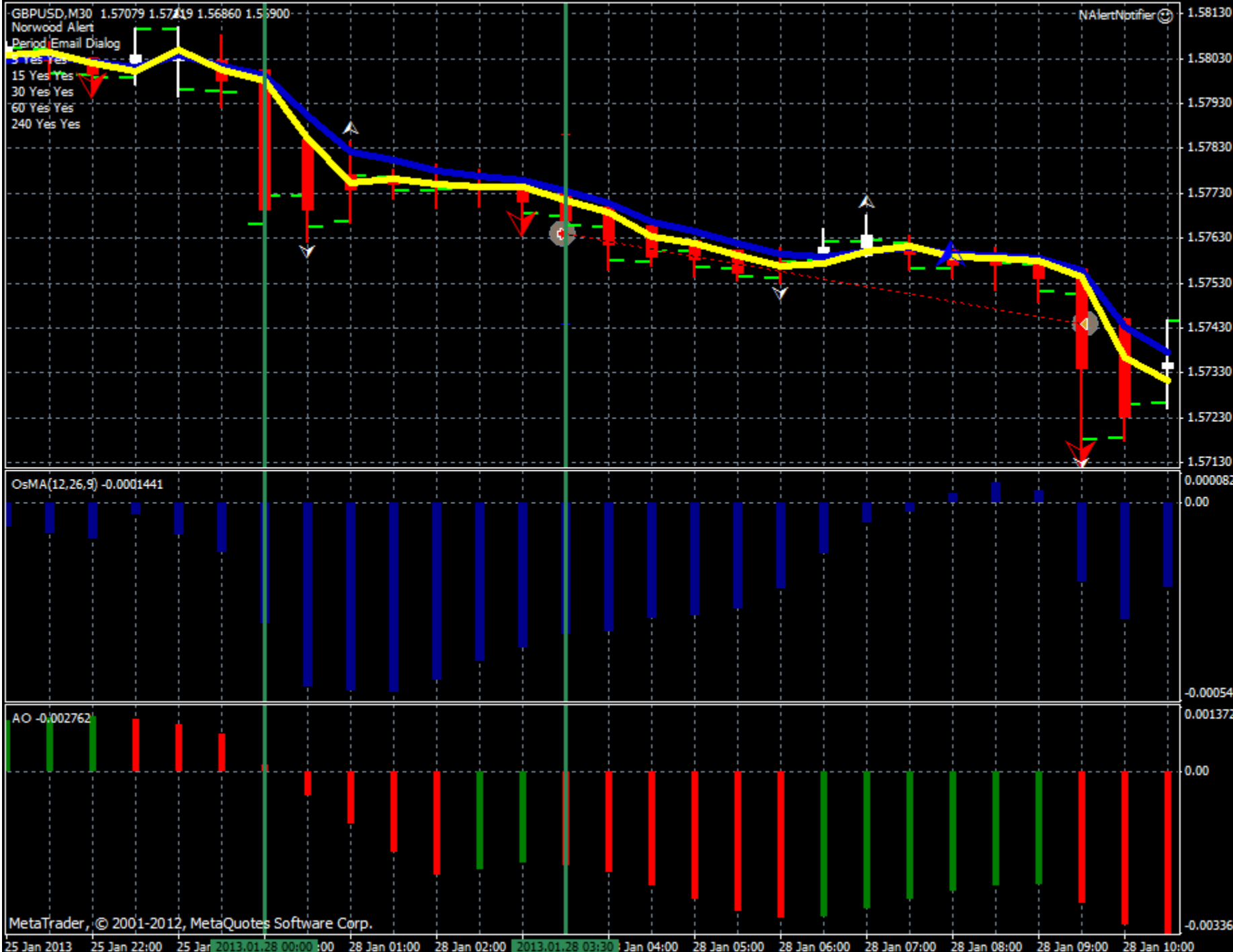


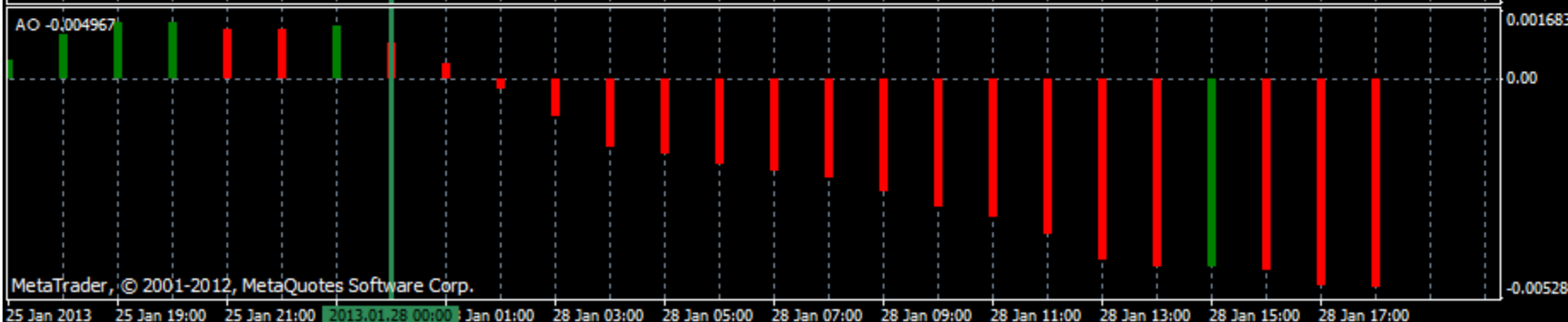
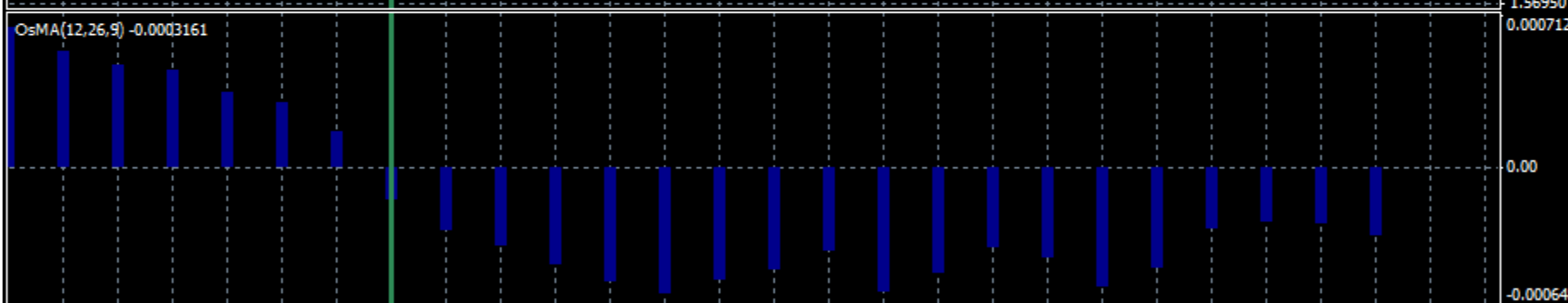
GROUP QUIZ

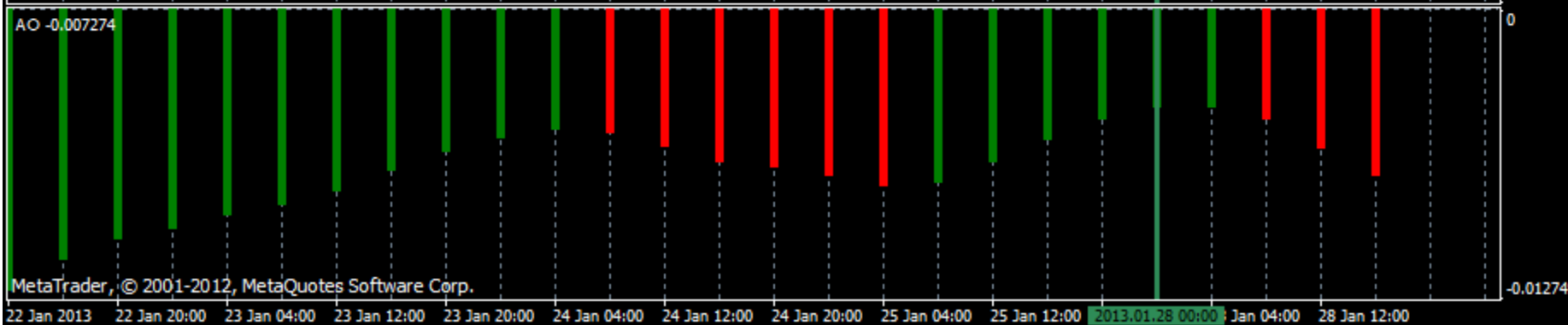
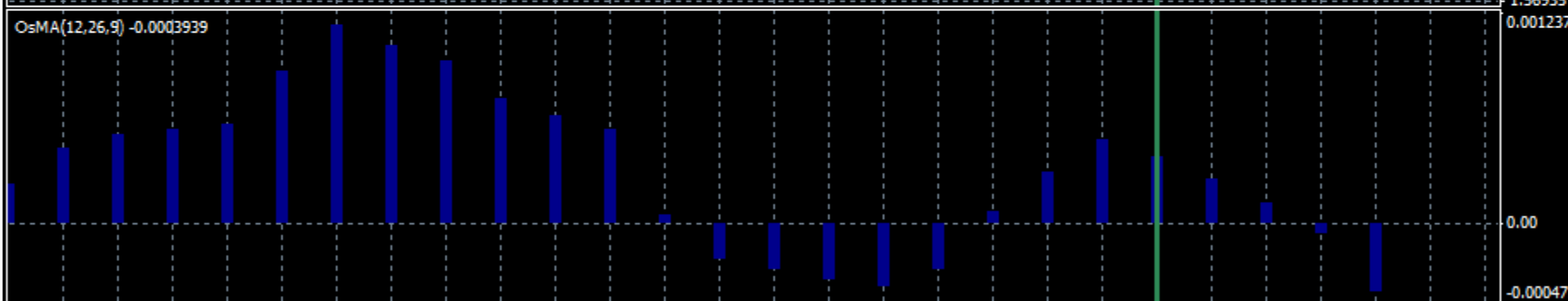












Identifying the ZONES

When

1. BLS is the first heads up that a Zone is forming
2. As long as the Hieken Ashi and the AO are the same color (this is when you are in the zone)
3. This is when you need to be hunting add-on signals
(Knowing your zone helps you pick the alerts and signals that are in season.)
4. The add-ons can be used in any of the smaller time frames

5. Helps you to know when you are trading a stronger or weak zone

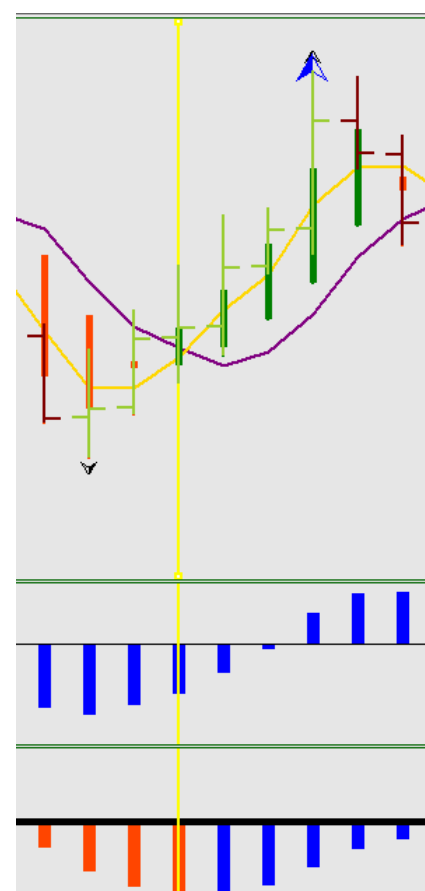
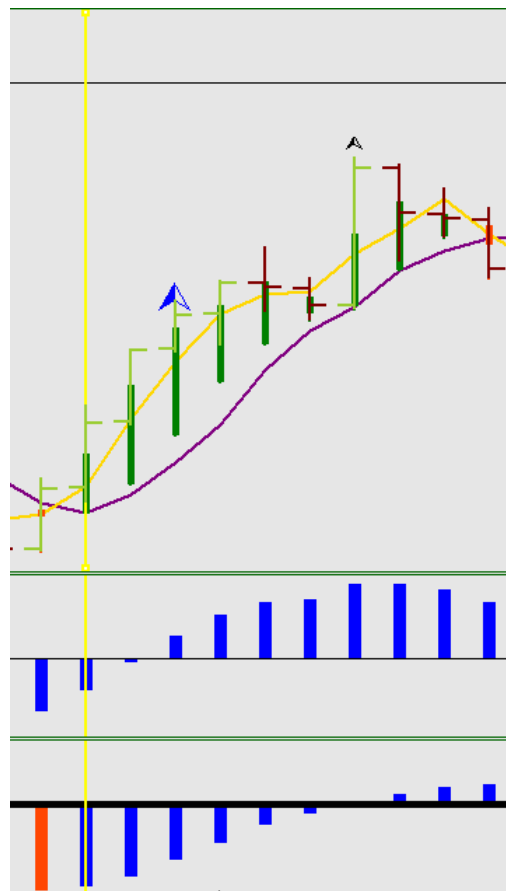
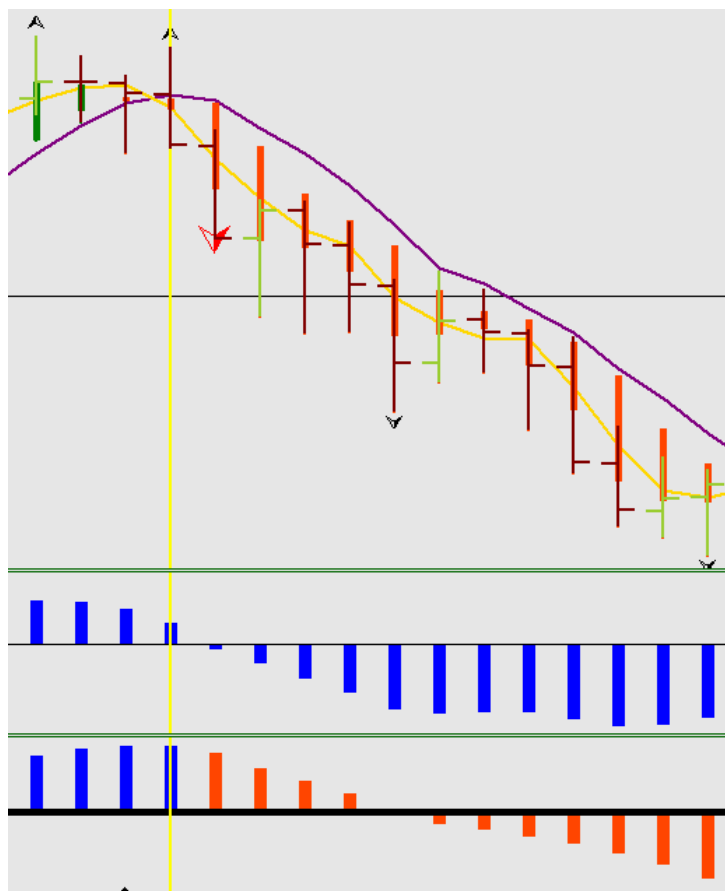
6. By using multiple time frames you will be able to time entries and exits

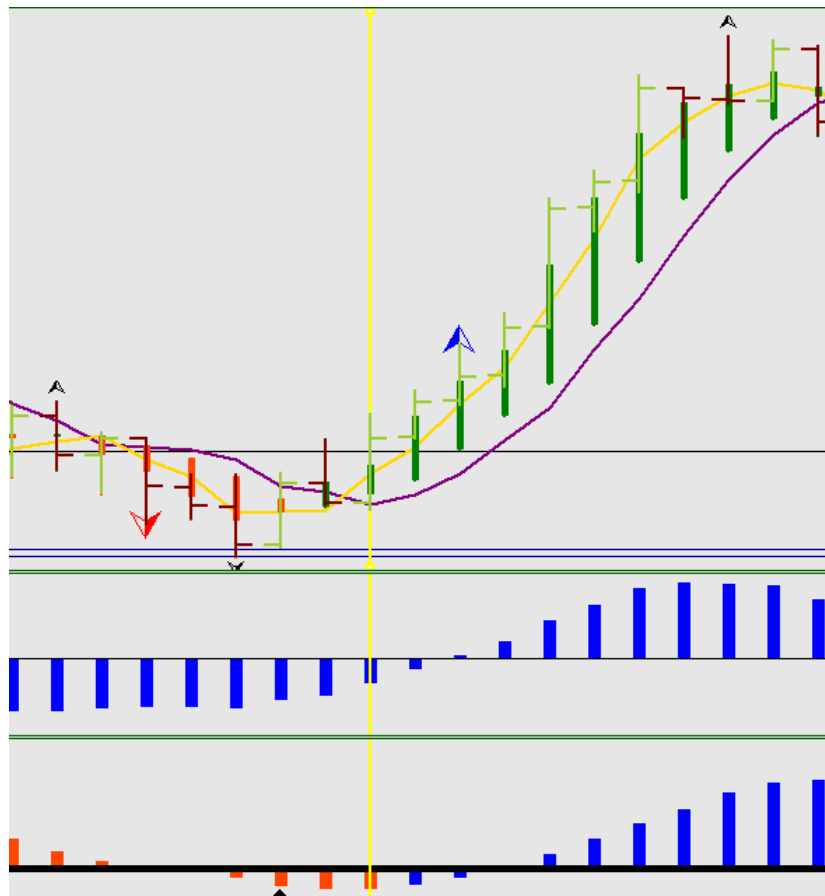
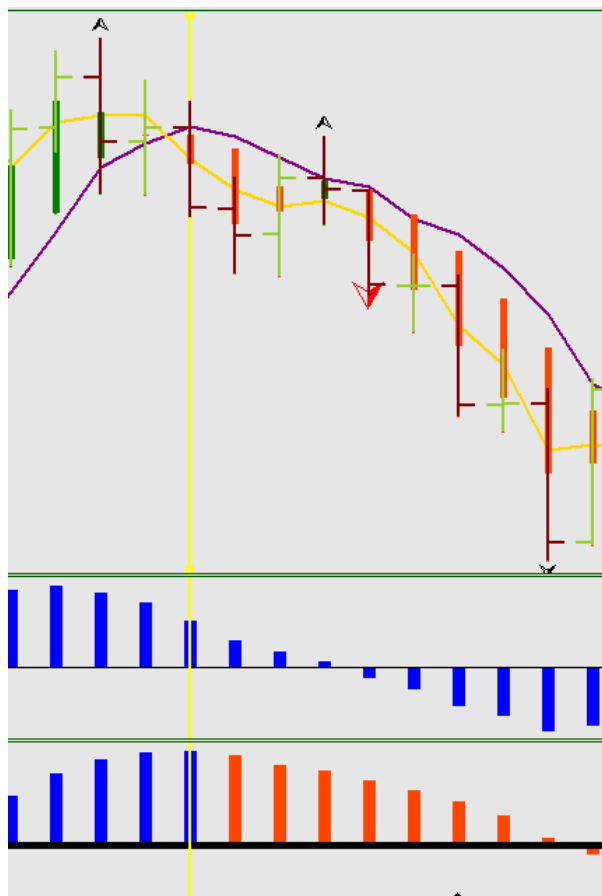
- Top Down trading creates flexibility to trade large time frames in weak zones by entering on lower time frames that have strong zones set ups.
- Timing exits to avoid transitions when a zone is ending

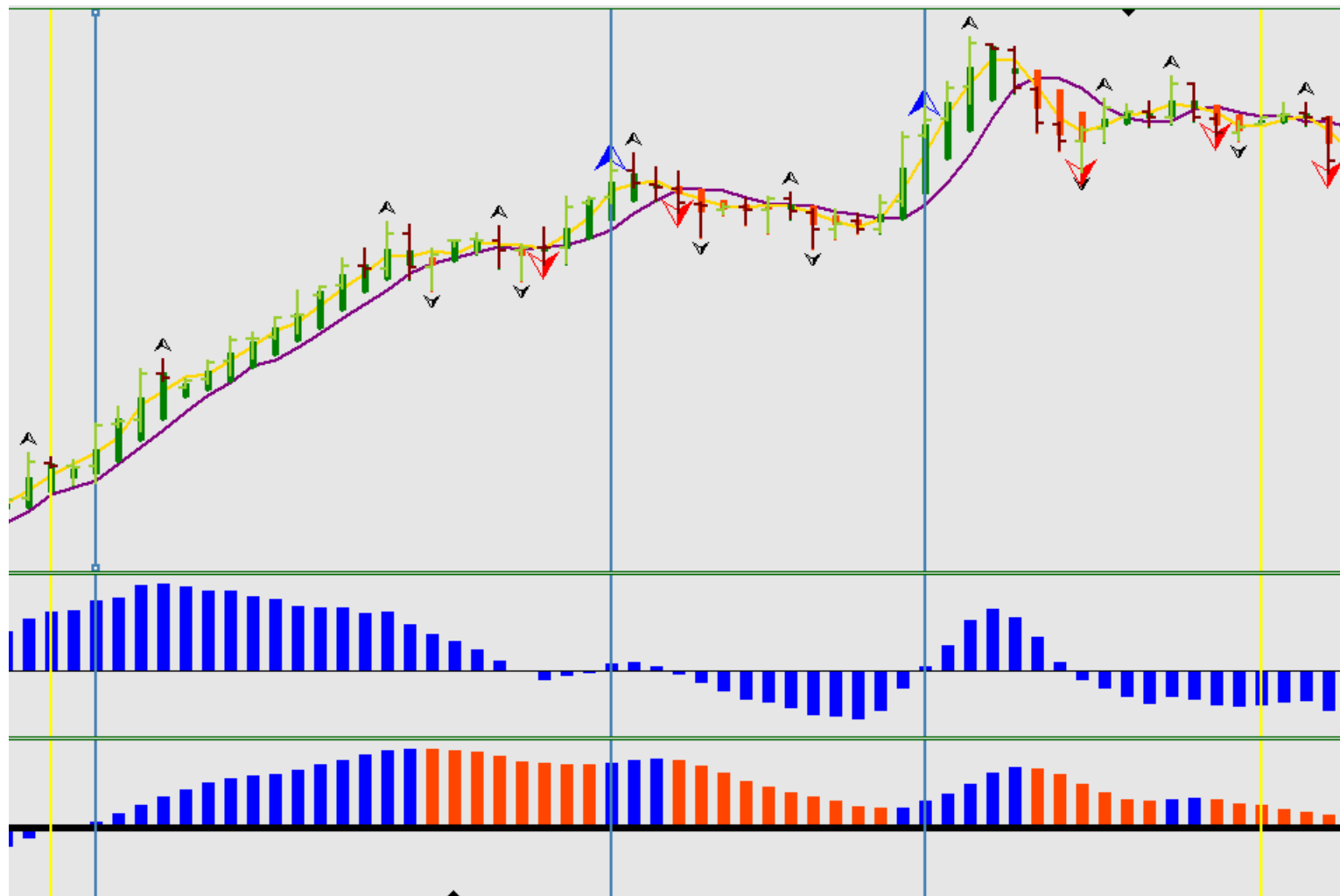
Identifying the ZONES

How

1. EB is earliest heads up that a zone is developing or is actually taking place.
 - a. How to trade these with the zone in mind
 - NA
 - 5 Alarm Setup

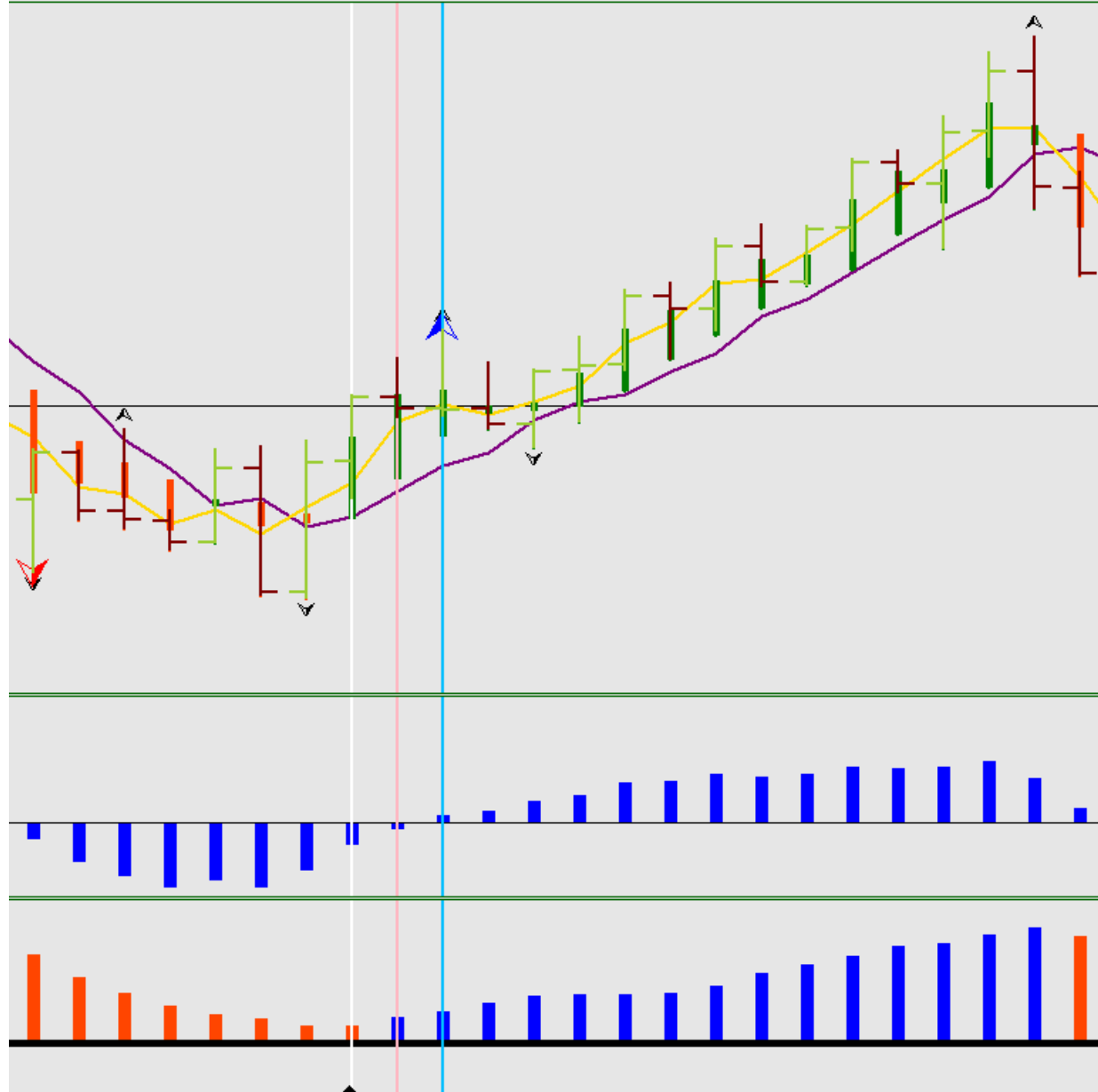




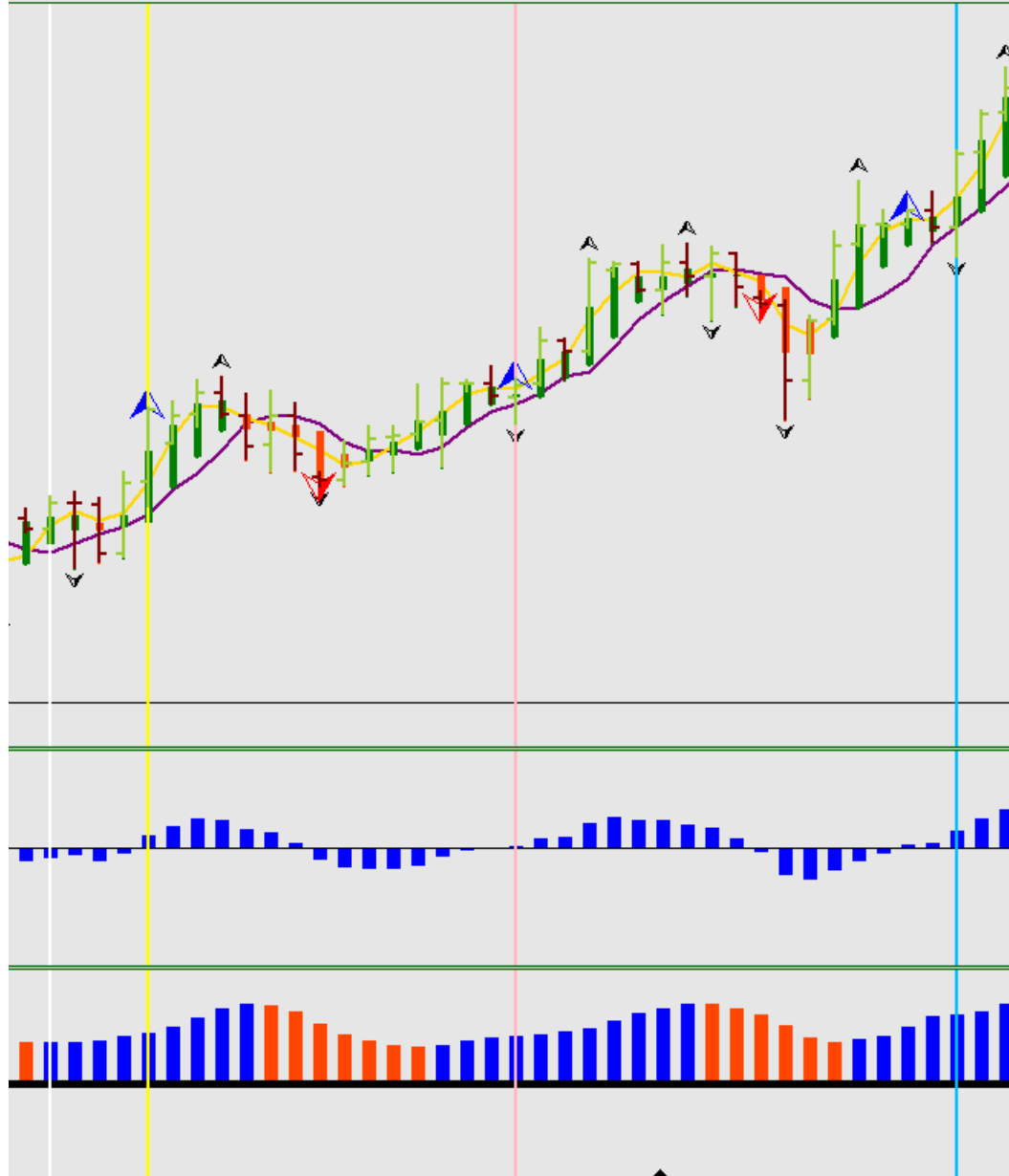


2. BLS Top down

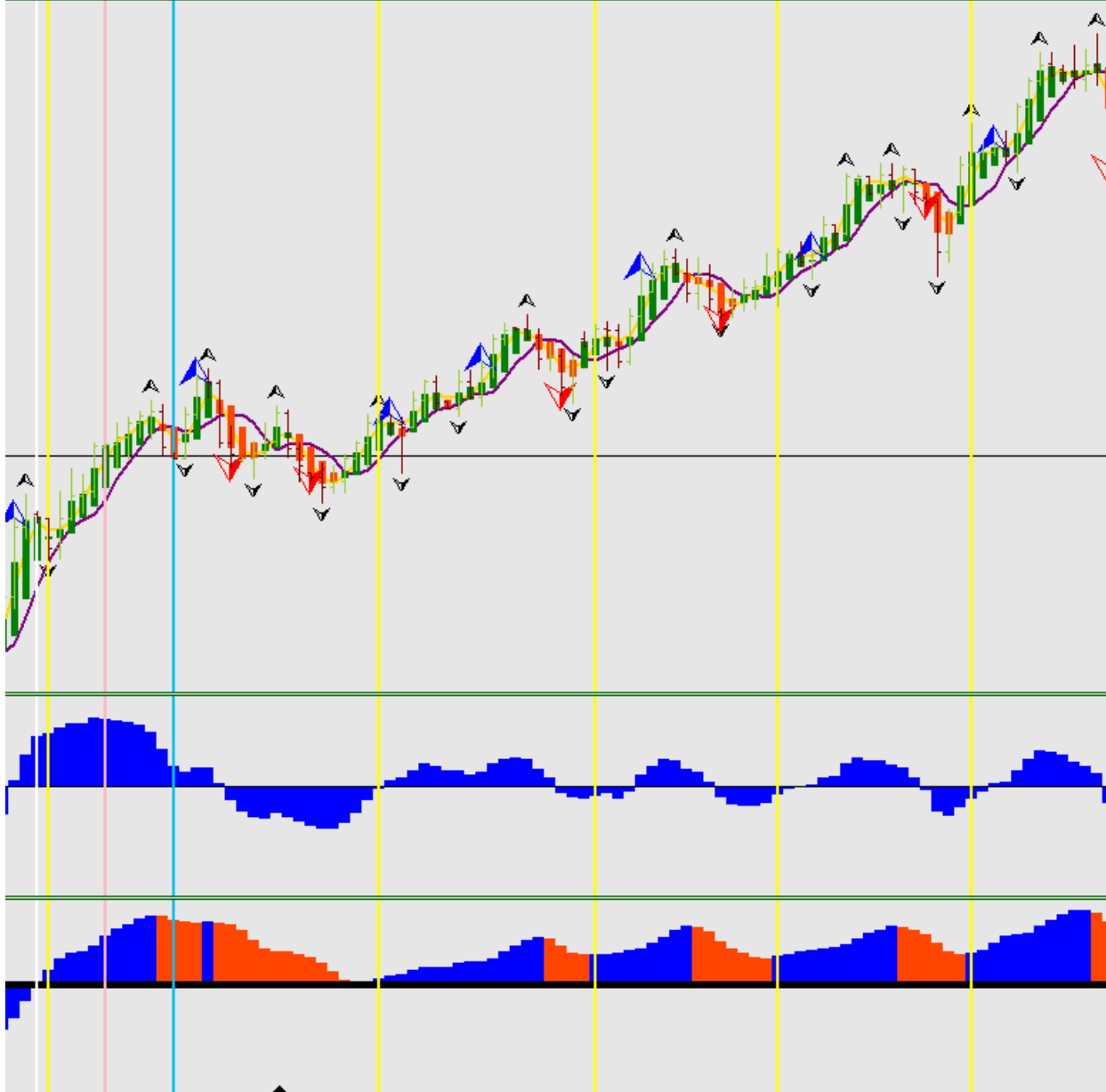
- a. Finding the trend on a larger time frame
- b. Time entry on lower time frame
- c. Confirm on middle time frame



Larger time frame or Trend time frame



Time entry on lowest time frame



Confirm on the next largest time frame

3. BLS Bottom up

- a. Locate a BLS (or a zone) on a lower time frame
- b. Confirm on the next larger time frame
- c. Verify on the next larger time frame

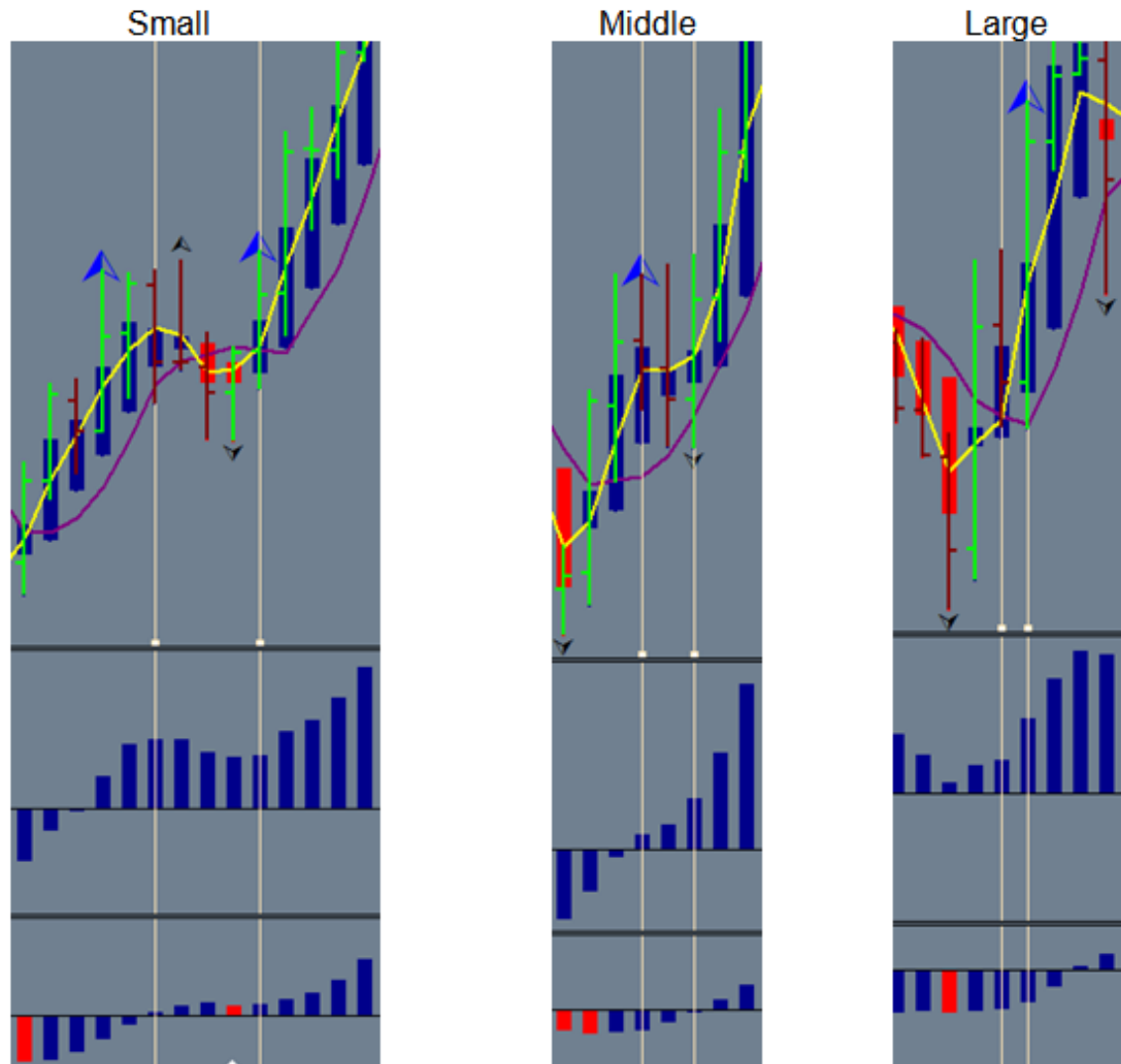
3 Time Frames

Bottom up This trade was spotted on the small time frame, confirmed on the middle and larger time frames. This **trade did not confirm on the larger time frame**.



3 Time Frames

Bottom up This trade was spotted on the small time frame, confirmed on the middle and larger time frames. It was a **good trade**.

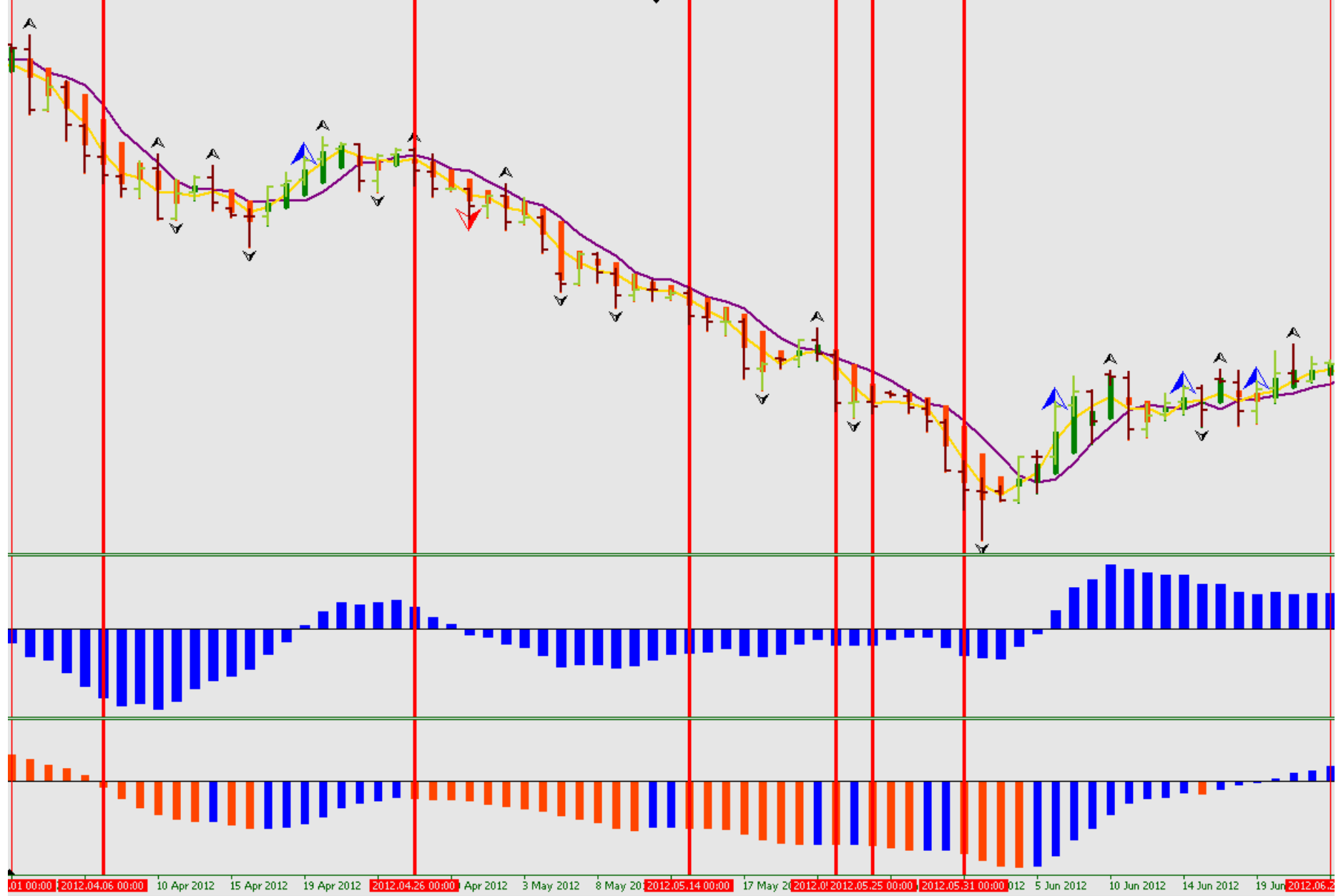


4. Adding on

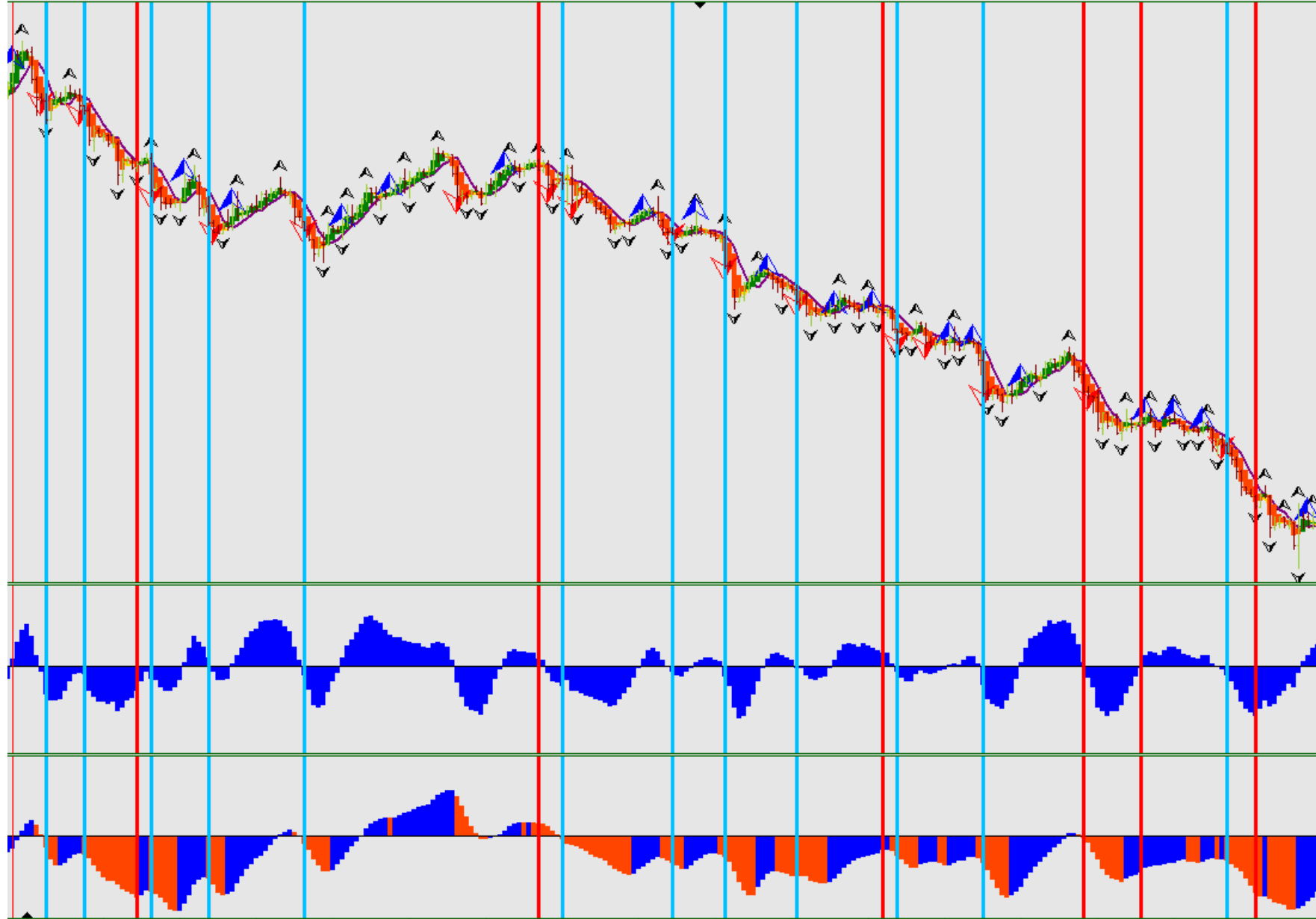
- a. When you still have a zone on the larger time frame look for:
 - NA on smaller time frames
 - 5 Alarm setups on smaller time frames
- b. Don't go below the 15 minute time frame for add-on positions



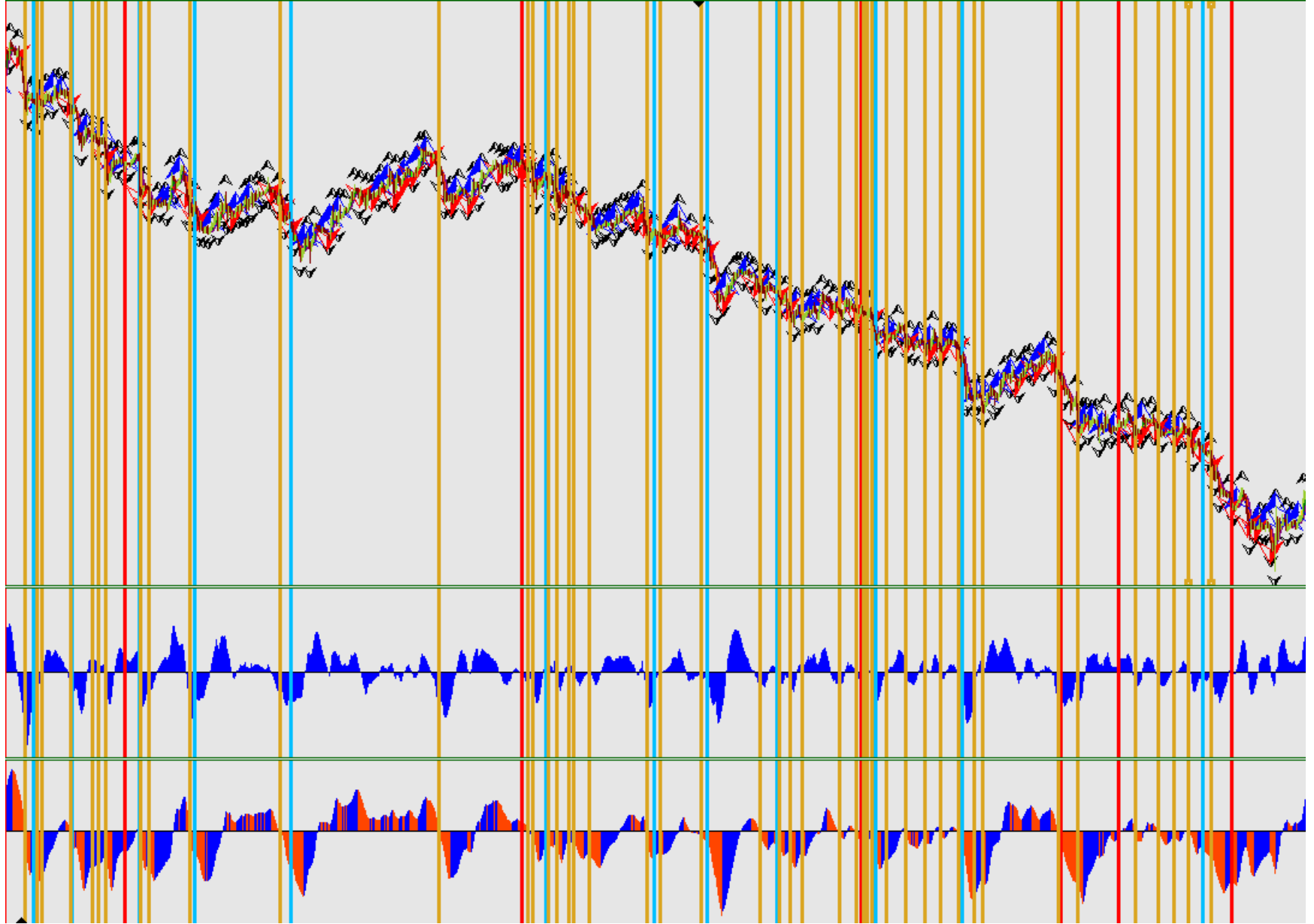
WEEKLY CHART SNIPPIT



Daily offers 5 add-on points from
the initial trade taken



4 hr offers 12 potential add-on
points



1 hr offers 45 potential add-on
points

Benefits

- Helps develop discipline
- Helps in becoming a mechanical trader
- Gives structure to your trading plan
- Spend less time in front of the computer
- Enjoyable stress free trading